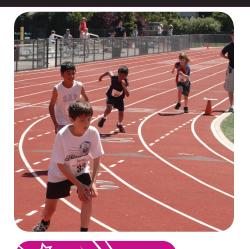


City of Mountain View **Community Services Department Recreation Division** www.mountainview.gov







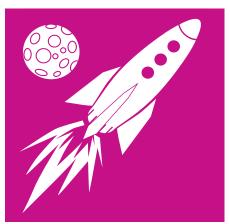
















Design By: Christan Basconcillo

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For Information in Russian, please call (650)903-6145

如果你是山景城的居民,需要更多的中文 资料,请打电话650-903-6145 转3号分机

#### Program Holidays\*

Friday, December 25 - Christmas Day Monday, December 28 - After Christmas Day Friday, January 1 - New Year's Day Monday, January 18 - Martin Luther King, Jr. Monday, February 15 - President's Day Monday, May 31 - Memorial Day

\* Lap Swim holiday hours may vary; contact pools for detailed schedule.

#### **Spring Family Parade**

Saturday, April 24, 2010 12:00 - 3:00 p.m.

The Recreation Division presents this year's 32<sup>nd</sup> Annual Spring Family Parade where we will "Explore the Great Outdoors"! Come be part of a community-wide event that will focus on Outdoor Activities! Don't get stuck inside, explore the great outdoors, and celebrate all the wonderful opportunities that are just around the corner. The Parade will begin on Castro Street at Villa Street at noon and continue into Pioneer Park for crafts, games, music and fun! If you or your group would like to participate in the parade please check our website for more information and registration deadlines at www.mountainview.gov. You'll find the information under the Library, Arts, Parks and Recreation tab then click on Community Events. For more information call the Recreation Division at (650) 903-6331.

#### **Deer Hollow Farm Spring Tours 2010**

Saturday: March 20, April 17, and May 15 10:00 a.m. to 12:30 p.m.

> The last tour starts at 12:30 p.m. Tours are one-hour long.

> \$5 per person. Children under two years FREE.

Come meet the new farm babies including Luna's new calf, goats and their baby kids, sheep and lambs, rabbits, chickens, ducks, geese, and pigs. Enjoy seeing, touching and learning about the livestock with your family. Trained docents will lead small groups through the livestock pens,



century-old farm buildings, a garden and orchard, and discuss what daily life was like 150 years ago, when most Americans lived on homestead farms like Deer Hollow Farm. The tours also include a short award-winning

film about Deer Hollow Farm called "Lessons of the Land."

The non-profit Friends of Deer Hollow Farm host the Spring Farm Tours to raise funds to support the Farm's outstanding educational program, attended by nearly 5,000 children each year. A merchandize booth will feature Friends T-shirts. handmade note cards with original photos of the Preserve and Farm, and animal and plant identification cards. Hand-painted gourd birdhouses and embroidered sweatshirts will also be available.

Deer Hollow Farm is a 10-acre working farm in the 3,800-acre Rancho San Antonio County Park and Open Space Preserve. The Farm is funded by the City of Mountain View, Midpeninsula Regional Open Space District, and Santa Clara County, with help from Friends of Deer Hollow Farm. For more information visit: www.fodhf.org.

#### **Developmental Assets Key**

Positive Identity

( Positive Values

Constructive Use of Time

= Empowerment = Support

= Social Competencies

ig = Commitment to Learning

= Boundaries & Expectations

# **Creating Community**

#### **Leaders In Training**



Too old for camp and too young to be a recreation leader? If you are mature, energetic, outgoing, enthusiastic, creative, and between the ages of 13–15 years old, apply now to be part of the Leader in Training (LIT) program! Learn about

leadership, asset development, responsibility and service to others while gaining valuable work experience for future jobs!

LITs assist Aquatic Staff and Recreation Leaders with summer programs and help lead activities, games, sports, crafts and field trips to various locations. Pick up an application to become an LIT at the Mountain View Community Center or download it from www.mountainview.gov beginning March 1, 2010. Applications are due no later than April 30, 2010, by 5:00 p.m. with interviews taking place May 10-21, 2010. For more information, please call (650) 903-6410.

# Mountain View Adult Open Gym - Volleyball

Mountain View Sports Pavilion 1185 Castro Street

The Mountain View Sports Pavilion is open Sundays on a drop-in basis for volleyball from 5:00 to 7:00 p.m. Mountain View residents or employees of Mountain View businesses only. An activity pass is encouraged (\$12.25 for 10 visits, \$24.75 for 20 visits) or pay a \$2.25 drop-in fee per visit. Activity passes may be purchased at the Recreation Office, 201 South Rengstorff Avenue, Monday through Friday - 8:30 a.m. to 5:00 p.m. or Sunday evenings at the Pavilion. Exact change only, please. Proof of residence is required.

#### **Adult Softball**

The Spring or Summer Adult Softball season will begin April 2010. Softball games are played Sunday afternoons and Monday through Friday evenings. All games are played at Callahan or Crittenden Fields, located at 1500 Middlefield Road. Team registration for the Spring Season will begin in February 2010. For more information, please call (650) 903-6404.

#### **Community Services Agency**

204 Stierlin Road (650) 968-0836

The Community Services Agency offers an Emergency Assistance Program that provides: one-time financial assistance with rent; one-time financial assistance with PG&E bills; Food and Nutrition Center (supplemental food program open Monday through Friday); backpacks and school supplies; dental and vision care (including eyeglasses) for uninsured children; holiday bags and toy distribution; medical prescription assistance for uninsured children and adults; and fee waivers.

Drop-in hours: Monday, Wednesday, Thursday 9:00 to 11:00 a.m. and 1:30 to 3:00 p.m.

Appointments: Tuesdays: 10:00 to 11:00 a.m. and 1:30 to 3:00 p.m. Fridays: 1:30 to 3:00 p.m.

#### **Parks and Recreation Commission**

Paul Donahue (Chair), Gary Griffith (Vice Chair), Thida Cornes, Hugh Donagher III and Ed Mussman II.

The Parks and Recreation Commission meets the second Wednesday of the month at 7:00 p.m. at the Mountain View Senior Center, 266 Escuela Avenue.

**Upcoming meeting dates**: December 9, January 13 and February 10.

#### Mountain View Celebrates ARBOR DAY

Saturday, March 13, 2010 11:00 a.m. Pioneer Park

Pioneer Memorial Park, located between City Hall and the Mountain View Public Library, will be the site for this year's Arbor Day celebration on Saturday, March 13, 2010. Arbor Day activities will include a tree planting ceremony in Pioneer Park starting at 11:00 a.m. Enjoy free activities such as children's arts and crafts; face painting, a guided tree walk in Pioneer Park, food and entertainment. A tree climbing demonstration by the City of Mountain View's Forestry Division is also scheduled. Mountain View's Annual Arbor Day ceremony will be celebrated rain or shine. For more information, contact the Forestry and Roadway Landscape Division at (650) 903-6273.



# Join the Youth Advisory Committee!

Want to make an impact on your community, but do not know how? Are you a middle or high school student and a Mountain View resident? Then join the City of Mountain View Youth Advisory Committee! The

Committee acts in an advisory capacity providing City Council and staff with valuable insight regarding youth and teen issues in our community. The 15-member Youth Advisory Committee may advise on matters relating to the youth and teen population within the City of Mountain View. Meetings take place twice a month on Mondays to plan programs and events, recommend new facilities and services, and discuss issues that matter to teens in our community.

Pick up an application at your school's office, the Mountain View Community Center, or online at *www.mountainview.gov* beginning February 22, 2010. Space is limited! Submit your application by 5:00 p.m. on Friday, April 9, 2010. For more information, please call (650) 903-6410.



#### The House

Monday-Thursday: 5:00 - 8:00 p.m. Friday & Saturday: 5:00 - 9:30 p.m. 298 Escuela Avenue

Join us at THE HOUSE! This FREE drop-in program is available to Mountain View Middle School students and is SUPERvised by our trained Recreation Leaders. THE HOUSE offers a fun social atmosphere full of billiards, video games, homework help, board games, snacks, and crafts! Apply for a

HOUSE Membership by picking up a Registration form from the Mountain View Community Center, The House, or online at <a href="www.mountainview.gov">www.mountainview.gov</a>. Registration forms must be returned completed by the second visit in order to attend. Activities are scheduled each day; pick up an Activity Calendar at your next HOUSE visit to see what fun is right around the corner! For more information, please contact the Recreation Division at (650) 903-6410.



#### **Teen Open Gym!**

Saturday Nights - FREE 6:30 - 9:30 p.m.

Whisman Sports Center 1500 Middlefield Road AND Mountain View Sports Pavilion 1185 Castro Street

If you like to play basketball, volleyball, indoor soccer, ping-pong or just want to hang out with your friends, then come out to one of the City of Mountain View's FREE, yes FREE, Teen Open Gyms on Saturday nights from 6:30 – 9:30 p.m. at the Whisman Sports Center (adjacent to Crittenden Middle School) or the Mountain View Sports Pavilion (adjacent to Graham Middle School). Teen Open Gym is for all Mountain View Middle and High School students. Bring your student ID and come ready for a pickup game or just to hang out! For more information, please call the Community Center at (650) 903-6331.

#### **Recreation Class Financial Assistance Program (FAP)**

The City provides eligible, low-income Mountain View residents limited financial assistance to register for recreation classes and to enjoy the benefits of recreation. In order to qualify, applicants must be a Mountain View resident and qualify through the Community Services Agency (CSA) screening process (subject to Santa Clara County HUD guidelines). The original CSA Financial Assistance Form must be submitted each year at the first time of registration for recreation classes. Upon eligibility, recipients will be allowed to register for a maximum of \$400 or \$800 worth of classes.

- A \$6 fee shall be charged for each withdrawal and transfer.
- Withdrawals made less than 14 days prior to the start date of a class will have double the cost of the class subtracted from the customer's FAP allocation. No amount will be returned to the remaining FAP balance once it has been applied towards class registration, unless the class is cancelled by the Recreation Division.
- Requests for Transfers, if space is available, MUST be made no less than seven (7) calendar days before the first day of both classes, including weekends and holidays.
- FAP recipients who do not attend the first day of a class for which they are registered will be automatically withdrawn and have double the cost of the class subtracted from their FAP allocation
- FAP is good for one year (September 1 through August 31) and does not apply to Golf, Tennis, Lap Swims and Special Events.



# **Perfect Places for your Special Event**

Planning a special social or business event? Mountain View has the locations you'll want to see! For information or to schedule a tour. please call the Recreation Division Facility Rental Office at (650) 903-6407 or visit www.mountainview.gov.



**Senior Center - Social Hall** 

Experience the stunning architecture of Mountain View's Senior Center with its banquet hall seating 200, full catering kitchen and beautiful patio.

Senior Center

Interior-Social Hall



#### **Adobe Building**

The Historic Adobe Building's large hall and adjacent garden offers an intimate gathering place for a variety of events of up to 100 people.

Adobe Building

Interior-Adobe



#### **Community Center**

Set in the midst of Rengstorff Park, the versatile Community Center offers a selection of meeting rooms perfect for events for 25-200 people.

> **BBQ Reservations Begin** March 2, 2010



#### **Accessible Programs & Facilities**

33. Devonshire Park

23. Creekside Park

25. Chetwood Park

26. Magnolia Park

28. Huff School/Park

29. Mercy - Bush Park

30. Slater School/Park

31. Springer School/Park

27. Dog Park

24. Castro Park

6. Rex-Manor Park

9. Rengstorff Park/Pool

7. Jackson Park

10. Eagle Park/Pool

11. Pioneer Park

13. Fairmont Park

14. Landels Park

15. Sylvan Park

16. Gemello Park

17. McKelvev Park

12. Dana Park

8. Klein Park

Reasonable accommodations in facilities, policies, procedures and/or practices will be made, if necessary, to ensure full and equal access and enjoyment of all programs and activities for individuals with a disability in accordance with the Americans with Disabilities Act (ADA). Individuals with disabilities should contact the Recreation Division at (650) 903-6331 to discuss meeting accessibility.

B. Whisman Sports Center at

D. Mountain View Community

Center/Recreation Division

E. Mountain View Senior Center

C. Parks Division Office

Office

Crittenden Middle School

FACILITIES KEY

F. Mountain View Sports Pavilion

Center for the Performing Arts

at Graham Middle School

I. Mountain View High School

J. The House Teen Center

L. Historic Adobe Building

G. Public Library, City Hall,

H. Deer Hollow Farm

K. Willowgate Garden

#### **FACILITY DIRECTORY Adobe Building** 157 Moffett Boulevard......903-6407 **Community Center (CC)** 201 S. Rengstorff Avenue......903-6331 Rm 1-Room 1 Rm 2-Room 2 Rm 3-Room 3 **AUD-Auditorium** LSH-Lower Social Hall California Fencing Academy (CFA) 950 N. Rengstorff Avenue, Suite G (866) 737-4903 **Cuesta Tennis Center** 685 Cuesta Drive......967-5955 **Eagle Pool** 650 Franklin Street......903-6413 **Enkuban Dojo** 209 West Evelyn Avenue......966-1447 1400 Terra Bella Avenue, Suite M......968-1540 **Mountain View Sports Pavilion (MVSP)** & Graham Sports Complex 1185 Castro Street......903-6819 **Palo Alto Bowl** 4329 El Camino Real Palo Alto......948-1031 Peninsula Youth Theater (PYT) 2500 Old Middlefield Way......988-8798 **Rengstorff Pool** 201 S. Rengstorff Avenue......903-6414 **Senior Center** 266 Escuela Avenue......903-6330 **Shoreline At Mountain View** 2600 N. Shoreline Boulevard Administration ......903-6392 Amphitheatre Box Office.....967-4040 Golf Links.....903-4653 Sailing Lake.....965-7474 The House Teen Center 298 Escuela Avenue......526-7005 **Tiger Martial Arts** 1111 W. El Camino Real #117 Sunnyvale .....(408) 730-2534 **Twisters Gymnastics** 2639 Terminal Boulevard......967-5581 Whisman Sports Center (WSC) 1500 Middlefield Road......903-6626 Young Chefs Academy (YCA)

1336 S. Mary Avenue

Sunnyvale .....(408) 738-2433

#### **Dance**

#### **PRE-BALLET**

Discover the world of Ballet! Learn ballet techniques, terminology, center floor work, arm positions, practice leaps and more! Parents are invited to attend an inclass performance on the last day of class. Instructor: Dance Force Staff.

#### NO CLASS 1/16, 2/13, 5/29.

14	086	3-5 yrs	Sa	11:00 - 11:45AM	1/9-4/10	Rm 3	R\$137/ NR\$149.50
14	107	3-5 yrs	Sa	10:20 - 11:05AM	5/1-6/5	Rm 3	R\$57/ NR\$69.50

#### PRESCHOOL BALLET & TAP

Introduce your child to ballet and tap in this exciting class! Learn ballet steps, tap combinations and understand dance terminology, while dancing to fun music! Parents will be invited to attend an in-class performance on the last day of class. Tap shoes are required. Instructor: Dance Force Staff.

#### NO CLASS 1/16, 1/18, 2/13, 2/15, 2/16, 2/17, 4/12, 4/13, 4/14, 4/17, 5/31.

14075	3.5-5.5 yrs	Sa	9:20 - 10:05AM	1/9-4/10	Rm 3	R\$137/ NR\$149.50
14072	3.5-5.5 yrs	M	4:20 - 5:05PM	1/11-4/19	Rm 3	R\$137/ NR\$149.50
14073	3.5-5.5 yrs	Tu	3:30 - 4:15PM	1/12-4/20	Rm 3	R\$148/ NR\$160.50
14074	3.5-5.5 yrs	W	4:20 - 5:05PM	1/13-4/21	Rm 3	R\$148/ NR\$160.50
14087	3.5-5.5 yrs	M	3:45 - 4:30PM	4/26-6/7	Rm 3	R\$68/ NR\$80.50
14088	3.5-5.5 yrs	Tu	3:30 - 4:15PM	4/27-6/1	Rm 3	R\$68/ NR\$80.50

#### PRESCHOOL HIP HOP BOOGIE

Bounce, jump, and spin! Your child will love this energetic class filled with dance and movement activities. While learning basic hip hop and dance moves to fun kid's music, your child will build confidence, coordination, and rhythm. Movement games will help your child with balance and having fun interacting with other students! Instructor: Dance Force Staff. **NO CLASS 2/16, 2/18, 4/13, 4/15.** 

14078	3-6 yrs	Tu	10:20 - 11:05AM	1/12-4/20	Rm 3	R\$148/ NR\$160.50
14079	3-6 yrs	Th	3:30 - 4:15PM	1/14-4/22	Rm 3	R\$148/ NR\$160.50
14098	3-6 yrs	Tu	10:20 - 11:05AM	4/27-6/1	Rm 3	R\$68/ NR\$80.50

#### PRINCESS PRE-BALLET

Calling all Princesses! Come join this magical class as we introduce your child to ballet and creative movement. Your child will learn the individual steps, across-the-floor movement, and dance combinations. We will use fun props while dancing to your favorite princess music! Instructor: Dance Force Staff.

NO CLASS 1/18, 2/15, 2/16, 2/17, 4/12, 4/13, 4/14.

14066	3-5 yrs	M	3:30 - 4:15PM	1/11-4/19	Rm 3	R\$137/ NR\$149.50
14067	3-5 yrs	Tu	9:30 - 10:15AM	1/12-4/20	Rm 3	R\$148/ NR\$160.50
14068	3-5 yrs	W	5:10 - 5:55PM	1/13-4/21	Rm 3	R\$148/ NR\$160.50
14095	3-5 yrs	Tu	9:30 - 10:15AM	4/27-6/1	Rm 3	R\$68/ NR\$80.50
14096	3-5 yrs	W	5:10 - 5:55PM	4/28-6/2	Rm 3	R\$68/ NR\$80.50

#### **TINY TOTS BALLET**

Magic Wands, Teddy Bears, and Tutus! Your child will love this action-packed class! Students will be introduced to ballet, creative movement, and dance terminology while playing with fun props! Instructor: Dance Force Staff.

#### NO CLASS 1/16, 1/18, 2/13, 2/15, 2/16, 4/12, 4/13, 4/17, 5/29.

			12:20PM			R\$115/ NR\$127.50
14069 2	2-3 yrs	M	6:00 - 6:30PM	1/11-4/19	Rm 3	R\$115/ NR\$127.50
14070 2	2-3 yrs	Tu	11:10 - 11:40AM	1/12-4/20	Rm 3	R\$125/ NR\$137.50
14100 2	2-3 yrs	Tu	11:10 - 11:40AM	4/27-6/1	Rm 3	R\$58/ NR\$70.50
14101 2	2-3 yrs	Sa	9:45 - 10:15AM	5/1-6/5	Rm 3	R\$48/ NR\$60.50

#### TINY TOTS COMBO ©

Tapping Toes and Twirling Ballerinas! Your child will learn basic ballet and tap steps, sing songs, play movement games and begin to understand dance terminology. Ballet and Tap Shoes required. Instructor: Dance Force Staff.

#### NO CLASS 2/16, 4/13.

14080	2.5-3.5 yrs	Tu	4:20 - 5:05PM	1/12-4/20	Rm 3	R\$148/ NR\$160.50
14103	2.5-3.5 yrs	Tu	4:20 - 5:05PM	4/27-6/1	Rm 3	R\$68/ NR\$80.50

#### **Preschool**

#### **Preschool Classes**

This creative, play-based preschool program has been designed to meet the developmental needs of the "whole child." The curriculum centers on the vital social opportunities children need in order to grow emotionally, cognitively, and kinesthetically. Children are provided the opportunity to learn at their own pace with a curriculum that includes daily art and circle activities, singing, dancing, and storytelling.

All of our ongoing preschool classes (PlaySchool, Tot Time, and Kinder-Prep) are currently full, but it's almost time to sign up for next school year! Please look for our Summer Activity Guide in your mailbox at the end of February 2010 for detailed information about registration and age requirements. Instructors: Miss Mary and Miss Tamara. **NO CLASS 1/18, 5/31.** 

# GLASSES ARE FULL

#### KINDER-PREP

Kinder-Prep has been designed with the older preschool-aged child in mind. Students will be engaged in letter and number recognition activities as well as beginner's level writing, reading, and science opportunities in an environment that honors student's developmental stages as well as personal milestones.

Kinder-Prep participants must have been born prior to June 1, 2005.

14179	M/W/F	1:00 - 3:30PM	1/4-2/12	Rm 1	R\$297.50/NR\$310
14180	M/W/F	1:00 - 3:30PM	2/22-4/9	Rm 1	R\$367.50/NR\$380
14187	M/W/F	1:00 - 3:30PM	4/19-6/4	Rm 1	R\$350/NR\$362.50

#### PRESCHOOL PLAYSCHOOL

The PlaySchool class builds on the foundation developed in the Tot Time class. Students are encouraged to develop the social, emotional, kinesthetic, and cognitive skills that will serve them through the kindergarten and elementary years. The curriculum is play-based and experiential and includes singing, dancing, storytelling, cooperative crafts, and hands-on science activities. Students will be empowered to 'find out for yourself.'

#### PlaySchool participants must have been born between December 3, 2004 and December 2, 2005.

14183	M/W/F	9:15 - 11:45AM	1/4-2/12	Rm 1	R\$297.50/NR\$310
14184	M/W/F	9:15 - 11:45AM	2/22-4/9	Rm 1	R\$367.50/NR\$380
14221	M/M/F	9·15 - 11·45AM	4/19-6/4	Rm 1	R\$350/NR\$362 50

#### PRESCHOOL TOT TIME

This social, play-based preschool class allows the young preschooler the opportunity to develop social and emotional fortitude skills in a stimulating and nurturing classroom environment. The curriculum includes daily art and circle activities, singing, dancing, storytelling, and fingerplays.

#### Tot Time participants must have been born between December 3, 2005 and December 2, 2006.

14185	Tu/Th	9:15 - 11:45AM	1/5-2/11	Rm 1	R\$210/NR\$222.50
14186	Tu/Th	9:15 - 11:45AM	2/23-4/8	Rm 1	R\$245/NR\$257.50
14222	Tu/Th	9:15 - 11:45AM	4/20-6/3	Rm 1	R\$245/NR\$257.50

# **Special Interest**

# BIG CHEF, LITTLE CHEF NEW!

Learn to cook delicious and simple recipes with Mom, Dad, Grandma or Grandpa! This class incorporates monthly-themed recipes, age-appropriate culinary skills, basic nutrition, story time and circle time. At the end of each class, everyone gets to eat what they cooked! \$40 materials fee for cooking supplies is payable to instructor at first class. Instructor: Young Chef's Academy Staff.

#### NO CLASS 2/19, 2/20.

14252	2.5-4.5 yrs	F	10:30 - 11:30AM	1/8-4/2	YCA	R\$145/ NR\$157.50
14264	3-6 yrs	Sa	9:00 - 10:00AM	1/9-4/3	YCA	R\$120/ NR\$132.50
14265	3-6 yrs	Sa	9:00 - 10:00AM	4/17-6/5	YCA	R\$110/ NR\$122.50
14253	2.5-4.5 yrs	F	10:30 - 11:30AM	4/23-6/11	YCA	R\$110/ NR\$122.50

## BODY WORKS! W NEW!

Discover your body and senses in this series of workshops. Meet Mr. Bones and learn about the major organs and muscles in your body. Learn why some things are safe to touch and others are not. Experiment with magnifying glasses, kaleidoscopes and binoculars. Play with a wave motion model and twirling tubes to learn how sounds travels in waves and can be heard in a variety of pitches. Join us on a journey through your nose and taste buds, and learn about primary colors and the rainbow! Instructor: Mad Science of the Bay Area Staff.

14276	3-5 yrs	F	10:30 -	1/8-2/12	Rm 2	R\$134/
			11:15AM			NR\$146.50

#### LET'S GO BIG! NEW!

Come join us for a hands-on exploration of some of America's most beloved folklore characters. We will be making giant pancakes, a larger-than-life version of Babe the Blue Ox, and even creating a man-size catfish as we explore the wild adventures of Paul Bunyan, Pecos Bill, and Slue Foot Sue! Instructor: Recreation Staff.

14181	3-5 yrs	Sa	11:00AM - 12:00PM	1/23-2/6	Rm 1	R\$21/ NR\$33.50
14223	3-5 yrs	Sa	12:30 - 1:30PM	1/23-2/6	Rm 1	R\$21/ NR\$33.50

#### MUSIC TOGETHER NEW!

Discover the world of music with your child! Sing songs from many cultures, chant, clap, dance and play with percussion instruments. Through guided musical play, children learn to imitate tonal patterns and rhythms, and parents discover how best to encourage musical development based on their own child's learning style. \$40 materials fee for CD's, songbook and parents' education guide payable to instructor at first class. Instructor: Music Together Staff.

#### NO CLASS 4/14.

14217	1.5-4 yrs	W	9:30 - 10:15AM	1/13-3/17	Rm 3	R\$150/ NR\$162.50
14218	1.5-4 yrs	W	10:30 - 11:15AM	1/13-3/17	Rm 3	R\$150/ NR\$162.50
14219	1.5-4 yrs	W	9:30 - 10:15AM	4/7-6/9	Rm 3	R\$135/ NR\$147.50
14220	1.5-4 yrs	W	10:30 - 11:15AM	4/7-6/9	Rm 3	R\$135/ NR\$147.50

#### MUSICAL READING THEATER \*\*

Welcome to a Musical Reading Theatre Adventure! Explore the world of creativity through acting out stories and songs, playing instruments and dressing up in costumes! Stimulate your child's cognitive thinking and enhance their creativity and self-esteem while teaching them "The Arts" in a fun, innovative way. Parents are welcome to stay for the class and participate with your child. Instructor: Susan Jerome, Recreation Staff.

14215	3-5 yrs	Sa	10:00 - 11:00AM	1/16-2/20	Rm 1	R\$65/ NR\$77.50
14216	3-5 yrs	Sa	10:00 - 11:00AM	4/3-5/8	Rm 1	R\$65/ NR\$77.50

#### STORY STRETCHERS **②**

Designed for the creative preschooler, this class brings familiar stories to life using music, movement and games. Children will get to become their favorite characters and create plays of their own. This is a fun way for beginners to experience the joy of theatre. Instructor: Peninsula Youth Theatre Staff. **NO CLASS 2/18.** 

14127	3.5-5 yrs	Th	3:00 - 3:45PM	1/28-4/8	PYT	R\$122/ NR\$134.50
			3:45PM			NR\$134.50

# PRESCHOOL IMMERSION ADVENTURE NEW!

Come learn Spanish or Mandarin through our fun and dynamic language immersion course! Students will be actively engaged in our curriculum through music, games, art, and stories. In addition to learning another language, children will explore another culture and make new friends! Instructor: i-Immersion Staff. NO CLASS 1/18, 2/15, 2/17, 4/12, 4/14, 5/31.

#### Spanish

14287	3-5 yrs	M	1:00 - 1:45PM	1/4-3/22	Rm 3	R\$187/ NR\$199.50			
14289	3-5 yrs	M	1:00 - 1:45PM	3/29-6/7	Rm 3	R\$168/ NR\$180.50			
Mandarin									
14288	3-5 yrs	W	10:00 - 10:45AM	1/6-3/17	Rm 2	R\$187/ NR\$199.50			
14290	3-5 yrs	W	10:00 - 10:45AM	3/24-6/2	Rm 2	R\$187/ NR\$199.50			

#### **POCKET SCIENCE**

It's a journey into the great unknown! Participants will learn what it's like to eat, sleep, and even exercise in space! We will work with Mars-replicated sand, create child-sized rockets, taste-test astronaut ice cream, and participate in a weightless workout! Instructor: Recreation Staff.

14182	3-5 yrs	Sa	11:00AM - 12:00PM	3/13-3/27	Rm 1	R\$21/ NR\$33.50
14224	3-5 yrs	Sa	12:30 - 1:30PM	3/13-3/27	Rm 1	R\$21/ NR\$33.50

# SCIENCE ROCKS! V NEW!

Discover fundamentals of science in this series of workshops! Learn all about chemistry by mixing stuff together. Join the Mad Science Astronaut-in-Training program and learn about the elements of space. Listen to sounds and rhythm and study the science of music. Learn about the power of air, and build your own cloud climber. Create a cloud in a bottle and make it rain...inside! Instructor: Mad Science of the Bay Area Staff.

14278	3-5 yrs	F	10:30 -	4/23-5/28	Rm 2	R\$134/
			11:15AM			NR\$146.50

#### **SNUG HOUSE, BUG HOUSE**

Come get a bug's-eye view of the world's tiniest critters. We will be making bug catchers, going on a bug hunt, and even make our own bugs as we explore the illustrations of Susan Schade and Jon Buller in their children's book, "Snug House, Bug House". Instructor: Recreation Staff.

14225	3-5 yrs	Sa	11:00AM - 12:00PM	5/1-5/15	Rm 1	R\$21/ NR\$33.50
14226	3-5 yrs	Sa	12:30 - 1:30PM	5/1-5/15	Rm 1	R\$21/ NR\$33.50

#### TOT AND PARENT IMMERSION ADVENTURE VIEW!

Come learn Spanish or Mandarin through our fun and dynamic language immersion course! Students will be actively engaged in our curriculum through music, games, art, and stories. In addition to learning another language, children will explore another culture and make new friends! Instructor: i-Immersion Staff. NO CLASS 1/18, 2/15, 2/17, 4/12, 4/14, 5/31.

#### Spanish

14283	1.5-3 yrs	M	11:00 - 11:45AM	1/4-3/22	Rm 3	R\$187/ NR\$199.50				
14285	1.5-3 yrs	M	11:00 - 11:45AM	3/29-6/7	Rm 3	R\$168/ NR\$180.50				
Mandarin										
14284	1.5-3 yrs	W	9:00 - 9:45AM	1/6-3/17	Rm 2	R\$187/ NR\$199.50				
14286	1.5-3 yrs	W	9:00 - 9:45AM	3/24-6/2	Rm 2	R\$187/ NR\$199.50				

#### KINDER CHEFS NEW!

Cook up your very own fun with recipes geared for Pre-K and Kindergarten students! Each class, students will make two recipes, eat what they've made, read a story and play a cooking-related game. \$40 materials fee for cooking supplies is payable to instructor at first class.

Instructor: Young Chef's Academy Staff. NO CLASS 2/18.

14254	4.5-6.5 yrs	Th	4:00 - 5:30PM	1/7-4/1	YCA	R\$185/ NR\$197.50
14255	4.5-6.5 yrs	Th	4:00 - 5:00PM	4/22-6/10	YCA	R\$140/ NR\$152.50

# **Sports and Fitness**

# MOMS' GYM ♥ NEW!

This P.E. style class encourages adults and kids to play together while using age-appropriate games and modified sports that introduce children to exercise while everyone gets a workout. Great for your child's early stages of development. Come to class dressed to work out, with a mat and water. Cost of the class covers up to two kids and one adult. Instructor: Moms' Gym Staff.

#### NO CLASS 2/15, 4/12, 5/31.

14191	1.5-4 yrs	М	10:00 - 10:50AM	1/25-3/8	CC - AUD	R\$75/ NR\$87.50
14192	1.5-4 yrs	М	10:00 - 10:50AM	3/15-4/26	CC - AUD	R\$75/ NR\$87.50
14193	1.5-4 yrs	М	10:00 - 10:50AM	5/3-6/7	CC - AUD	R\$63/ NR\$75.50

#### CARTWHEEL KINDERS

Cartwheel Kinders further enhances physical, mental, and social development. Participants are introduced to basic gymnastics terminology, positions, and skills. Participants are carefully spotted until they can complete the skill successfully. Instructor: Twisters Gymnastics Staff. **NO CLASS 2/16, 4/13.** 

14111	4-5 yrs	Tu	12:15 - 12:55PM	1/5-3/23	Twisters Gymnastics	R\$110/ NR\$122.50
14119	4-5 yrs	Tu	12:15 - 12:55PM	3/30-6/8	Twisters Gymnastics	R\$110/ NR\$122.50

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# **DYNO TUMBLERS**

This class offers a fun and safe environment where participants are challenged with fundamental gymnastics skills. Students will master basic terminology and moves, and develop flexibility that will enhance overall fitness for any sport. Instructor: Twisters Gymnastics Staff. NO CLASS 2/16, 4/13.

14112	5-6 yrs	Tu	3:15 - 3:55PM	1/5-3/23	Twisters Gymnastics	R\$110/ NR\$122.50
14120	5-6 yrs	Tu	3:15 - 3:55PM	3/30-6/8	Twisters Gymnastics	

#### PRESCHOOL PLAYERS

Improve listening skills and focus on strength and coordination for your preschooler. Participants will safely learn to climb, jump, swing, and roll on all introductory gymnastics equipment. Instructor: Twisters Gymnastics Staff.

#### NO CLASS 2/18, 4/15.

14110	3-4 yrs	Th	10:45 - 11:25AM	1/7-3/25	Twisters Gymnastics	R\$110/ NR\$122.50
14118	3-4 yrs	Th	10:45 - 11:25AM	4/1-6/10	Twisters Gymnastics	R\$110/ NR\$122.50

#### WALKING WONDERS ¶

Help your child develop muscle coordination, body control, and social interaction in an educational environment! This class is designed for children, walking to 3 years, emphasizing fine and gross motor development. Twisters instructors will carefully construct an age-appropriate class. Parent participation required. Instructor: Twisters Gymnastics Staff. NO CLASS 2/17, 2/19, 4/14, 4/16.

14108	1.5-3 yrs	W	10:00 - 10:40AM	1/6-3/24	Twisters Gymnastics	R\$110/ NR\$122.50
14109	1.5-3 yrs	F	9:45 - 10:25AM	1/8-3/26	Twisters Gymnastics	R\$110/ NR\$122.50
14116	1.5-3 yrs	W	10:00 - 10:40AM	3/31-6/9	Twisters Gymnastics	R\$110/ NR\$122.50
14117	1.5-3 yrs	F	9:45 - 10:25AM	4/2-6/11	Twisters Gymnastics	R\$110/ NR\$122.50



#### KIDZ LOVE SOCCER

**Sports and Fitness** 

Explore the sport in an instructional and nurturing environment. Beginning players learn receiving, shooting, age-specific defense, etc. Be challenged by real soccer situations and the tactical side of scrimmaging. Players will enjoy age appropriate soccer matches and be guided through possibilities. Attack and scoring goals! Pace and possession! Defense and transition! Shin guards are required by the second meeting. Instructor: KLS Staff.

RAINOUT HOTLINE NUMBER IS (800) 871-2275.

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14159	2-3.5 yrs	F	11:15 - 11:45AM	1/22-3/12	Rengstorff Field	R\$82/ NR\$94.50			
14160	2-3.5 yrs	Sa	3:30 - 4:00PM	1/23-3/13	Rengstorff Field	R\$82/ NR\$94.50			
14161	2-3.5 yrs	Sa	4:05 - 4:35PM	1/23-3/13	Rengstorff Field	R\$82/ NR\$94.50			
14241	2-3.5 yrs	F	11:15 - 11:45AM	4/9-6/4	Rengstorff Field	R\$93/ NR\$105.50			
14242	2-3.5 yrs	Sa	4:15 - 4:45PM	4/10-6/12	Rengstorff Field	R\$93/ NR\$105.50			
14243	2-3.5 yrs	Sa	4:50 - 5:20PM	4/10-6/12	Rengstorff Field	R\$93/ NR\$105.50			
Tot Soccer									
14166	3.5-4 yrs	Sa	4:05 - 4:35PM	1/23-3/13	Rengstorff Field	R\$82/ NR\$94.50			
14246	3.5-4 yrs	F	10:05 - 10:35AM	4/9-6/4	Rengstorff Field	R\$93/ NR\$105.50			
14247	3.5-4 yrs	F	5:20 - 5:50PM	4/9-6/4	Rengstorff Field	R\$93/ NR\$105.50			
14281	3.5-4 yrs	Sa	4:05 - 4:35PM	4/10-6/12	Rengstorff Field	R\$93/ NR\$105.50			
Pre-Soc	cer								
14164	4-5 yrs	F	4:45 - 5:20PM	1/22-3/12	Rengstorff Field	R\$82/ NR\$94.50			
14165	4-5 yrs	Sa	1:45 - 2:20PM	1/23-3/13	Rengstorff Field	R\$82/ NR\$94.50			
14162	4-5 yrs	F	9:30 - 10:05AM	4/9-6/4	Rengstorff Field	R\$93/ NR\$105.50			
14163	4-5 yrs	F	4:45 - 5:20PM	4/9-6/4	Rengstorff Field	R\$93/ NR\$105.50			
14279	4-5 yrs	Sa	1:45 - 2:20PM	4/10-6/12	Rengstorff Field	R\$93/ NR\$105.50			

# Camps

#### PRE-ENGINEERING WITH LEGOS

Create, play and learn! Build a town, city or star base with houses, buildings, pyramids, bridges, tunnels, towers and more. Build motorized cars, trains, buses and trucks; then have fun racing them, crashing them and repairing them! Explore the many possibilities of LEGO building systems while learning useful construction techniques. This camp is not affiliated with the LEGO group. Instructor: Play-Well TEKnologies Staff.

14130	5-6 yrs	M-F	9:00AM -	4/12-4/16	Rm 3	R\$169/
			12:00PM			NR\$181.50

#### PRESCHOOL GYMNASTICS CAMP

This camp is offered for children who want to bounce, run and explore in a safe and fun environment! Children learn basic gymnastics, play games and make art projects while supervised by enthusiastic and responsible coaches. Children get to practice on the floor, bars, low beam, trampoline and tumble track and have a great time! Please bring a snack. Instructor: Twisters Gymnastics Staff.

141	14	3-6 yrs	M-F	9:00AM - 12:00PM		Twisters Gymnastics	R\$156/ NR\$168.50
141	22	3-6 yrs	M-F	1:00 - 4:00PM	4/12-4/16	Twisters Gymnastics	



#### **Dance**

# 🎜 Annual Dance Recital 🔊

This year's Dance Recital will take place on Saturday, April 24, 2010 during the after-Downtown Parade Activities in Pioneer Park! Students registered in Dance Force classes that are marked with an asterisk (\*) symbol will participate in the Dance Recital to showcase what they have learned this session! All other classes will have an in-class performance at the last class meeting. More Dance Recital information will be available shortly after classes begin. Look for the asterisk (\*) symbol next to each class number which denotes classes that will be participating in the Dance Recital (costume fee for the recital is included in the price).



#### BALLET ...

Gracefully learn the fundamentals of ballet! Students will learn ballet techniques. terminology, center floor work, arm positions, practice leaps and more! Instructor: Dance Force Staff. NO CLASS 2/17, 4/14.

*14083	5-7 yrs	W	3:30 - 4:15PM	1/13-4/21	Rm 3	R\$183/ NR\$195.50
14106	5-7 yrs	W	3:30 - 4:15PM	4/28-6/2	Rm 3	R\$68/ NR\$80.50

#### **BALLET & TAP**

Discover the world of ballet and tap in this fun class! Learn ballet steps, tap combinations and understand dance terminology, while dancing to fun music! Tap shoes are required. Instructor: Dance Force Staff.

#### NO CLASS 1/16, 1/18, 2/13, 2/15, 4/12, 5/29, 5/31.

	,	-,	-,,	,,		
*14077	5-7 yrs	Sa	10:10 - 10:55AM	1/9-4/10	Rm 3	R\$172/ NR\$184.50
*14076	5-7 yrs	M	5:10 - 5:55PM	1/11-4/19	Rm 3	R\$172/ NR\$184.50
14091	5-7 yrs	M	4:35 - 5:20PM	4/26-6/7	Rm 3	R\$68/ NR\$80.50
14092	5-7 yrs	Sa	11:10 - 11:55AM	5/1-6/5	Rm 3	R\$57/ NR\$69.50

#### **Dance**

#### HIP HOP

It's time to warm up, stretch, and get ready to dance! Learn age-appropriate hip hop moves and combinations! Instructor: Dance Force Staff. **NO CLASS 2/18, 4/15, 5/31.** 

	•	•				
*14084	6-9 yrs	Th	4:20 - 5:05PM	1/14-4/22	Rm 3	R\$183/ NR\$195.50
*14085	9-13 yrs	Th	5:10 - 5:55PM	1/14-4/22	Rm 3	R\$183/ NR\$195.50
14093	7-10 yrs	M	5:25 - 6:10PM	4/26-6/7	Rm 3	R\$68/ NR\$80.50

#### **HIP HOP BOOGIE**

It's time to warm up, stretch, and get ready to dance! Learn age-appropriate hip hop moves and combinations while building confidence, coordination and rhythm! Instructor: Dance Force Staff. **NO CLASS 1/16, 2/13, 2/16, 4/13.** 

*14082	4-7 yrs	Sa	12:25 - 1:10PM	1/9-4/10	Rm 3	R\$172/ NR\$184.50
*14081	4-7 yrs	Tu	5:10 - 5:55PM	1/12-4/20	Rm 3	R\$172/ NR\$184.50
14104	4-7 yrs	Tu	5:10 - 5:55PM	4/27-6/1	Rm 3	R\$68/ NR\$80.50
14105	4-7 yrs	W	4:20 - 5:05PM	4/28-6/2	Rm 3	R\$68/ NR\$80.50

#### **MOMMY AND ME BELLY DANCING**

Do you want to have fun, find new friends and shake your body? Come to Mommy and Me Belly Dancing and learn the art of body awareness, technique and muscle flexibility! Just bring your bare feet and wear comfortable clothing. Instructor: Marzieh Gachipour.

14054	4-10 yrs	W	6:45 -	1/6-3/3	Rm 3	R\$120/
	•		7:45PM			NR\$132.50



# **Special Interest**

# CHECK MATE! . NEW!

Chess teaches critical and abstract thinking, planning, logic, and patience. Learn the game of chess while beginning to develop and use life skills that will help you now and in the future! Students will spend half the class learning and the other half practicing their skills in tournament-style games.

Instructor: US Chessmates Staff. NO CLASS 2/16.

14189	5-13 yrs	Tu	4:00 - 5:00PM	1/5-3/30	Rm 2	R\$144/ NR\$156.50	
14190	5-13 yrs	Tu	4:00 - 5:00PM	4/6-6/22	Rm 2	R\$108/ NR\$120.50	

#### DRIVER EDUCATION FOR TEENS 🔯

Driver Education is a LIFE SKILL class covering numerous topics related to being a safe driver and pedestrian. Students learn best through effective classroom instruction with a credentialed teacher maximizing the benefits of teacher-student interaction, discussion, video analysis, and instant feedback. This California state-required course is needed to obtain a driver's instruction permit. Class does not include behind the wheel instruction. Students must attend all sessions in order to receive a state completion certificate. Bring a snack, lunch and a beverage to class each day. Instructor: Credential Economic Driving School Instructor #2430.

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14055	15-18 yrs	Tu-F	8:30AM -	2/16-2/19	Rm 2	R\$129/
			4:00PM			NR\$141.50

#### EARTH, WIND, INSPIRE W NEW!

Neither rain, nor sleet, nor snow will prevent us from having a great time in this session of Mad Science! We'll learn all about weather as we explore meteorology and clouds. Take a voyage to the center of the earth as we investigate how our planets formed and the forces that keep changing things. Discover how science is used to solve crimes, and take home your own I.D. kit. Learn all about pulleys, levers and catapults in Mad Science Machines and make your own Rocket Racer. You won't want to miss a minute of this exciting series full of Earth, Wind and Inspire! Instructor: Mad Science of the Bay Area Staff.

14277	6-12 yrs	M	3:45 -	4/5-5/24	CC -	R\$182/
			4:45PM		LSH	NR\$194.50

#### ELEMENTARY IMMERSION ADVENTURE NEW!

Come learn Spanish or Mandarin through our fun and dynamic language immersion course! Students will be actively engaged in our curriculum through music, games, art, and stories. In addition to learning another language, children will explore another culture and make new friends!

Instructor: i-Immersion Staff. NO CLASS 1/18, 2/15, 2/17, 4/12, 4/14, 5/31.

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14291	5-10 yrs	M	4:00 - 4:45PM	1/4-3/22	Rm 2	R\$187/ NR\$199.50
14293	5-10 yrs	M	4:00 - 4:45PM	3/29-6/7	Rm 2	R\$168/ NR\$180.50
Mandarin						
14292	5-10 yrs	W	4:00 - 4:45PM	1/6-3/17	Rm 2	R\$187/ NR\$199.50
14294	5-10 yrs	W	4:00 - 4:45PM	3/24-6/2	Rm 2	R\$187/ NR\$199.50

#### **GOTTA SING, GOTTA DANCE**

Calling all Broadway Stars! Learn the basics of singing and dancing for musical theater! Develop your skills on how to sell a song through voice and movement, and have a lot of fun while doing it! Instructor: Peninsula Youth Theatre Staff. **NO CLASS 2/15.** 

14125	6-8 yrs	M	4:00 -	1/25-4/5	PYT	R\$122/
			4:45PM			NR\$134.50

#### LIGHTS, SIGHT & SOUND PRINCE!

You'll be shocked by what you learn about static electricity and more in Lights, Sight and Sound! Experience what makes white light and see beautiful rainbows in Lights, Color...Action! Discover amazing sound effects and learn about sound in Sonic Sounds. Harness some energy as you learn all about heat, and then use your own body heat to make things disappear. Take the Mad Science taste challenge and map out your tongues as you discover Tantalizing Taste. Learn all about Lights, Sight and Sound in this fun Mad Science series! Instructor: Mad Science of the Bay Area Staff. **NO CLASS 1/18, 2/15.** 

14275 6-12 yrs M 3:45 - 1/4-3/8 CC - R\$177/ 4:45PM LSH NR\$189.50

# NEXT TEEN TOP CHEF **♥ ♥ NEW!**

Put your chef's hat on and learn to prepare tasty dishes to become the next teen top chef! This delicious class offers teens the opportunity to focus on food preparation, kitchen safety, nutritious and delicious eating, and more! Participants enrolled will learn responsibility in the kitchen and will be able to share their new skills and recipes with family and friends! Instructor: Recreation Staff.

14177	11-14 yrs	Sa	10:00AM - 1:00PM	2/6-2/6	The House	R\$40/ NR\$52.50
14178	11-14 yrs	Sa	10:00AM - 1:00PM	5/8-5/8	The House	R\$40/ NR\$52.50

#### PINT-SIZE PLAYERS

Looking for that next step for your budding actor? This production-oriented class will give each student a role and a chance to shine in a class production. Instructor: Peninsula Youth Theatre Staff. **NO CLASS 2/17.** 

14126	7-10 yrs	W	3:30 -	1/27-4/7	PYT	R\$182/
			5:00PM			NR\$194.50

# YOUNG CHEFS NEW!

Calling all budding Chefs! Learn to cook recipes based on a different theme each week. Principles of kitchen safety, proper food handling, basic cooking and baking techniques, food presentation, table setting and table manners will be included. \$40 materials fee for cooking supplies is payable to instructor at first class. Instructor: Young Chef's Academy Staff. **NO CLASS 2/17.** 

14257	7-11 yrs	W	4:00 - 5:30PM	1/6-3/31	YCA	R\$210/ NR\$222.50
14256	7-11 yrs	W	4:00 - 5:30PM	4/21-6/9	YCA	R\$150/ NR\$162.50

#### **Online Driver Education Course**

Getting ready to get your permit? Well, learn the rules of the road! This Online Driver Education Course is approved by the California Department of Motor Vehicles. Reading, Flash Graphics, Videos, and Quizzes will prepare the student to pass the written DMV test. The course is easy to use; you simply log into the Economic Driving School website, enroll, and you can begin immediately! For more information about the course and to register, please go to: <a href="http://www.economicdrivingschool.com/online">http://www.economicdrivingschool.com/online</a>. When registering, make sure you complete the question that says "How did you hear about us?" by choosing "Activity Guide" and Enter Code: 6331.

# **Sports and Fitness**

#### AIKIDO

Are you looking for a class to help improve focus and build self-confidence, trust and strength? Try Aikido! Aikido is a form of Japanese martial arts that harmonizes energy through non-competitive training with partners, not opponents. You will safely study rolls, throws, pins and fluid movements. Come 15 minutes early, and wear loose-fitting clothing (no blue jeans). Uniforms available later for purchase. Instructor: Western Aikido Yokoshai Staff.

#### Beginning/Advanced

14137	7-13 yrs	F	6:15 - 7:15PM	1/8-3/12	Enkuban Dojo	R\$41/ NR\$53.50
14138	7-13 yrs	Sa	10:15 - 11:15 AM	1/9-3/13	Enkuban Dojo	R\$41/ NR\$53.50
14139	7-13 yrs	Sa	9:00 - 10:00AM	1/9-3/13	Enkuban Dojo	R\$41/ NR\$53.50
14227	7-13 yrs	F	6:15 - 7:15PM	4/9-5/28	Enkuban Dojo	R\$41/ NR\$53.50
Beginnir	ng					
14229	7-13 yrs	Sa	9:00 - 10:00AM	4/10-5/29	Enkuban Dojo	R\$41/ NR\$53.50
Advance	d				-	
14228	7-13 yrs	Sa	10:15 - 11:15AM	4/10-5/29	Enkuban Dojo	R\$41/ NR\$53.50

#### **BEGINNING FENCING**

Enjoy the art, science, and Olympic sport of fencing! We use lightweight flexible swords and it is one of the safest, most rewarding sports available. We play fun developmental games, do paired drills, and you even get to fence each day! You will learn the basic rules, safety, and manners of the sport, how to advance and retreat, to attack and lunge, to parry and riposte, and much, much more! Fencing develops and maintains both physical and mental fitness, teaches self-discipline and great sportsmanship skills. All equipment supplied - just wear athletic clothing. Instructor: California Fencing Academy. NO CLASS 4/10.

14140	7-12 yrs	M	6:00 - 7:00PM	1/10-1/24	CFA	R\$59/ NR\$71.50
14141	13-18 yrs	M	6:00 - 7:00PM	1/10-1/24	CFA	R\$59/ NR\$71.50
14142	7-12 yrs	Sa	10:00 - 11:00AM	2/6-2/20	CFA	R\$59/ NR\$71.50
14143	13-18 yrs	Sa	10:00 - 11:00AM	2/6-2/20	CFA	R\$59/ NR\$71.50
14144	7-12 yrs	M	6:00 - 7:00PM	3/1-3/15	CFA	R\$59/ NR\$71.50
14145	13-18 yrs	M	6:00 - 7:00PM	3/1-3/15	CFA	R\$59/ NR\$71.50
14146	7-12 yrs	Sa	10:00 - 11:00AM	4/3-4/24	CFA	R\$59/ NR\$71.50
14147	13-18 yrs	Sa	10:00 - 11:00AM	4/3-4/24	CFA	R\$59/ NR\$71.50

#### GYMNASTICS FOR GIRLS ( •)

This Gymnastics program is designed for comprehensive body development and basic gymnastic skills. The class will cover balance, coordination, ability, body strength, fine and gross motor skills. Equipment to be used includes minitrampoline, mats, balance beams, bars, etc.

Instructor: Twisters Gymnastics Staff. NO CLASS 2/16, 4/13.

14113	6-12 yrs	Tu	5:00 - 5:55PM	1/5-3/23	Twisters Gymnastics	R\$121/ NR\$133.50
14121	6-12 yrs	Tu	5:00 - 5:55PM	3/30-6/8	Twisters Gymnastics	*

#### KARATE FOR FITNESS

Karate is a modern martial art. characterized by its powerful stances & punching techniques all necessary for a strong defense. Students will be introduced to the basic fundamentals of Karate techniques and participate in fun and educational drills designed to build self-confidence, develop coordination, physical endurance, strength and discipline. Basic forms (Kihon Kata) and (Kumite Sparring), terminology and etiquette will also be covered. You don't want to miss out on this fun & exciting program! A uniform fee of \$45 is due to the instructor by the second class meeting (new students only). Tiger Martial Arts is located in Sunnyvale.

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14148	7-13 yrs	M	3:30 - 4:15PM	1/4-3/1	Tiger Martial Arts	R\$90/ NR\$102.50
14149	7-13 yrs	W	3:30 - 4:15PM	1/6-2/17	Tiger Martial Arts	R\$90/ NR\$102.50
14150	4-6 yrs	F	3:30 - 4:00PM	1/8-2/19	Tiger Martial Arts	R\$90/ NR\$102.50
14151	7-13 yrs	F	4:15 - 5:00PM	1/8-2/19	Tiger Martial Arts	R\$90/ NR\$102.50
14152	7-13 yrs	Sa	9:15 - 10:00AM	1/2-2/20	Tiger Martial Arts	R\$90/ NR\$102.50
14231	7-13 yrs	M	3:30 - 4:00PM	5/3-6/21	Tiger Martial Arts	R\$90/ NR\$102.50
14232	7-13 yrs	W	3:30 - 4:00PM	5/5-6/16	Tiger Martial Arts	R\$90/ NR\$102.50
14230	4-6 yrs	F	3:30 - 4:00PM	5/7-6/18	Tiger Martial Arts	R\$90/ NR\$102.50
14233	7-13 yrs	F	4:15 - 5:00PM	5/7-6/18	Tiger Martial Arts	R\$90/ NR\$102.50
14234	7-13 yrs	Sa	9:15 - 10:00AM	5/8-6/19	Tiger Martial Arts	R\$90/ NR\$102.50

# **Begins in Early March!**

Stay ahead of the crowd this summer by registering your child early for camps, swim classes, sports and more! Activity guides will be available late February. Summer classes and camps fill up fast...so remember to check out our activity guide once it becomes available!

#### KIDZ LOVE SOCCER ♥◎

Explore the sport in an instructional and nurturing environment. Beginning players learn receiving, shooting, age-specific defense, etc. Be challenged by real soccer situations and the tactical side of scrimmaging. Players will enjoy age appropriate soccer matches and be guided through possibilities. Attack and scoring goals! Pace and possession! Defense and transition! Shin guards are required by the second meeting. Instructor: KLS Staff.

RAINOUT HOTLINE NUMBER IS (800) 871-2275.

#### Soccer 1

14153	5-6 yrs	F	3:15 - 4:00PM	1/22-3/12	Rengstorff Field	R\$82/ NR\$94.50
14154	5-6 yrs	Sa	2:20 - 3:05PM	1/23-3/13	Rengstorff Field	R\$82/ NR\$94.50
14235	5-6 yrs	F	3:15 - 4:00PM	4/9-6/4	Rengstorff Field	R\$93/ NR\$105.50
14236	5-6 yrs	Sa	2:20 - 3:05PM	4/10-6/12	Rengstorff Field	R\$93/ NR\$105.50
Soccer 2	2					
14155	7-8 yrs	F	4:00 - 4:45PM	1/22-3/12	Rengstorff Field	R\$82/ NR\$94.50
14156	7-8 yrs	Sa	3:05 - 3:50PM	1/23-3/13	Rengstorff Field	R\$82/ NR\$94.50
14237	7-8 yrs	F	4:00 - 4:45PM	4/9-6/4	Rengstorff Field	R\$93/ NR\$105.50
14238	7-8 yrs	Sa	3:05 - 3:50PM	4/10-6/12	Rengstorff Field	R\$93/ NR\$105.50
Soccer 3	3					
14157	9-12 yrs	F	4:00 - 4:45PM	1/23-3/13	Rengstorff Field	R\$82/ NR\$94.50
14158	9-12 yrs	Sa	3:05 - 3:50PM	1/24-3/13	Rengstorff Field	R\$82/ NR\$94.50
14239	9-12 yrs	F	4:00 - 4:45PM	4/9-6/4	Rengstorff Field	R\$93/ NR\$105.50
14240	9-12 yrs	Sa	3:05 - 3:50PM	4/10-6/12	Rengstorff Field	R\$82/ NR\$94.50

#### STRIKE ZONE **(\*)**

Meet new friends and learn how to bowl at the Strike Zone! Students are taught the basics of bowling, including an introduction to league play, while having fun! Build your self-esteem while bowling STRIKES! At the completion of the 5-week class, students will receive a new bowling ball and bag (first-time students only). Shoe rental is included in the registration cost. Instructor: Palo Alto Bowl Staff.

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14056	6-12 yrs	Tu	3:45 - 5:15PM	1/5-2/2	Palo Alto Bowl	R\$50/ NR\$62.50
14057	6-12 yrs	Th	3:45 - 5:15PM	1/7-2/4	Palo Alto Bowl	R\$50/ NR\$62.50

#### TAE KWON DO

Combine a full workout with useful self-defense skills! Tae Kwon Do is a form of Korean martial arts that concentrates on powerful blocks, kicks and punches for self-defense. The goal of training is the full development of self-confidence, strength and focus. Uniforms will be distributed to students the second week of class, and will cost \$20. Instructor: Mountain View School of Tae Kwon Do Staff.

14171	9-17 yrs	Tu/Th	6:00 - 7:00PM	1/5-3/19	WSC - Aux	R\$44/ NR\$56.50
14251	9-17 yrs	Tu/Th	6:00 -	4/6-6/15	WSC -	R\$44/ NR\$56.50

#### **Futsal Kingz in Mountain View**

Futsal is a fun, fast-paced soccer game, played indoors within the lines of a basketball court (no walls), using a small, size 3 low-bounce ball. The game consists of two teams of four players and a goalkeeper with unlimited substitutions and quick restarts. Futsal Kingz programs have age-specific curriculum, innovative class formats and qualified professional coaching staff enabling every player to develop their skills and have a great experience, whether they're the next Beckham or trying Futsal for the first time!

> Programs are offered for players 5-12 years old Register online www.futsalkingz.com

> > For more information: E-mail: info@futsalkingz.com Phone: (408) 440-7878

# Camps

# ENGINEERING FUNDAMENTALS WITH LEGOS

Explore concepts in physics, mechanical engineering, structural engineering, and architecture while playing with your favorite creations. Learn how to design and build motorized machines, catapults, demolition derby cars, truss and suspension bridges, buildings, and other constructions. Returning and experienced students will be given new projects. Instructor: Play-Well TEKnologies Staff.



14132	7-9 yrs	M-F	1:00 -	4/12-4/16	Rm 3	R\$169/
	-		4:00PM			NR\$181.50

#### **GYMNASTICS CAMP**

Discover the world of Gymnastics! Flip, twist, and bounce while learning fun and progressive skills from all of the Olympic Events. Have fun bouncing, swinging, flipping and tumbling! Please bring water, a snack, and a bagged lunch. Instructor: Twisters Gymnastics Staff.

14115	6-12 yrs	M-F	9:00AM - 2:00PM	2/15-2/19	Twisters Gymnastics	R\$215/ NR\$227.50
14123	6-12 yrs	M-F	9:00AM - 2:00PM	4/12-4/16	Twisters Gymnastics	R\$215/ NR\$227.50

#### INTRO TO STUDIO PRODUCTION CAMP

Discover the world of media production through hands-on experience! Students will use KMVT's industry-standard professional studio and equipment to gain basic skills in screenwriting, storyboarding, camera work, lighting, directing, sound design, acting, and editing. By the end of the week, students will produce an entire production, which will be broadcasted on KMVT15! Students will each receive a DVD copy of the program they produce. Please bring a sack lunch and drink! Instructor: KMVT Staff.

14058	10-14 yrs	Tu-F	10:00AM - 4:00PM	2/16-2/19	KMVT	R\$235/ NR\$247.50
14065	10-14 yrs	M-F	10:00AM - 4:00PM	4/12-4/16	KMVT	R\$285/ NR\$297.50

#### PENINSULA YOUTH THEATRE VACATION CAMPS

Peninsula Youth Theatre has just the way to shake up the vacation blues. Spend your break acting, creating skits and playing theater games as well as creating props and costumes. Culminating in a demonstration for parents and friends, this camp is sure to spice up your break! Please send a bag lunch and drink with your child each day. Instructor: Peninsula Youth Theatre Staff.

14128	8-14 yrs	M-F	8:30AM - 3:30PM	2/15-2/19	PYT	R\$202/ NR\$214.50
14129	8-14 yrs	M-F	8:30AM - 3:30PM	4/12-4/16	PYT	R\$202/ NR\$214.50



#### ROCK CLIMBING CAMP 🔯

Climbers will cover the fundamental techniques of climbing, basic motor and problem solving skills while playing games and having fun! Please wear tennis shoes and bring a lunch and a snack. Instructor: Twisters Gymnastics.

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14000	7-12 yrs	M-W	9:00AM -	12/28-12/30	Twisters	R\$90/
			12:00PM		Gymnastics	NR\$102
14124	7-12 yrs	M-F	1:00 -	4/12-4/16	Twisters	R\$168/
			4:00PM		Gymnastics	NR\$180.50

#### SPRING INTO CAMP! 🚱 🕥

Will active games, craft projects and fun field trips put a spring in your child's step? If so, your child will love Spring Into Camp! This week long camp is designed to keep your child active and engaged through indoor and outdoor games, crafts, songs, trips and more! Children must bring a bag lunch and drink each day. Snacks are provided and field trip fees are included in the registration cost. Instructor: Recreation Staff.

14134	7-10 yrs	M-F	9:30AM -	4/12-4/16	CC - AUD	R\$78.75/
			4:00PM			NR\$91.25

#### WINTER BREAK TEEN CAMP 🔞 🚱

Join the coolest camp this Winter Break and have a blast hanging out with friends! Led by outgoing and fun Recreation Leaders, Winter Break Teen Camp is designed to keep your teen(s) active and engaged during the week long break. Participants will engage in creative activities including indoor and outdoor games, arts and crafts, cooking projects, and field trips. Teens should bring a bag lunch and drink each day. Snacks are provided and field trip fees are included in the registration cost. Instructor: Recreation Staff.

14172	11-14 yrs	Tu-F	10:00AM -	2/16-2/19	The House	R\$45/
			3:00PM			NR\$57.50

#### SURVIVOR CHEF CAMP NEW!

Challenges, Immunity and Rewards are at stake! Get ready for challenges and teamwork as you navigate through a river of recipes and a jungle of ingredients! Only the best Young Chefs will survive! \$40 materials fee for cooking supplies is payable to instructor at first class. Instructor: Young Chef's Academy Staff.

14260	5-9 yrs	M-F	9:00AM - 12:00PM	4/12-4/16	YCA	R\$150/ NR\$162.50
14261	9-14 yrs	M-F	1:30 - 4:30PM	4/12-4/16	YCA	R\$150/ NR\$162.50

#### WINTER COOKING EXTRAVAGANZA NEW!

Learn basic cooking skills while exploring the many great tastes of winter. We'll sample what we cook and practice our table manners while having fun! We've lightened up some favorite "comfort food" recipes to make them healthier without compromising any flavor. \$40 materials fee for cooking supplies is payable to instructor at first class. Instructor: Young Chef's Academy Staff.

14258	5-9 yrs	M-F	9:00AM - 12:00PM	2/15-2/19	YCA	R\$150/ NR\$162.50
14259	9-14 yrs	M-F	1:30 - 4:30PM	2/15-2/19	YCA	R\$150/ NR\$162.50

# **Aquatics**

#### **AQUA-CISE**

Join the Aqua-cise community in a medium-paced, low-impact water aerobic conditioning class designed to improve cardiovascular fitness as well as tone muscles and increase flexibility. No swimming skills necessary. **NO CLASS 1/1, 1/18, 2/15, 5/31.** 

14194	18+ yrs	M/W/F	12:00 - 12:55PM	1/4-1/29	Eagle Pool	R\$35.75/NR\$48.25	SR\$11/SN\$23.50
14195	18+ yrs	M/W/F	12:00 - 12:55PM	2/1-2/26	Eagle Pool	R\$35.75/NR\$48.25	SR\$11/SN\$23.50
14196	18+ yrs	M/W/F	12:00 - 12:55PM	3/1-3/31	Eagle Pool	R\$45.50/NR\$58	SR\$14/SN\$26.50
14197	18+ yrs	M/W/F	12:00 - 12:55PM	4/2-4/30	Eagle Pool	R\$42.25/NR\$54.75	SR\$13/SN\$25.50
14198	18+ yrs	M/W/F	12:00 - 12:55PM	5/3-5/28	Eagle Pool	R\$39/NR\$51.50	SR\$12/SN\$24.50
14199	18+ yrs	M/W/F	12:00 - 12:55PM	6/2-6/30	Eagle Pool	R\$42.25/NR\$54.75	SR\$13/SN\$25.50

#### **AQUATIC FITNESS**

Join the exhilaration and fun of a total exercise program! No swimming skills required. Exercises are designed to develop muscle tone, strength, and flexibility as the body moves against the resistance of the water. **NO CLASS 1/1, 1/18, 2/15 & 5/31.** 

14200	18+ yrs	M/W/F	8:05 - 9:00AM	1/4-1/29	Eagle Pool	R\$33/NR\$45.50	SR\$11/SN\$23.50
14201	18+ yrs	M/W/F	8:05 - 9:00AM	2/1-2/26	Eagle Pool	R\$33/NR\$45.50	SR\$11/SN\$23.50
14202	18+ yrs	M/W/F	8:05 - 9:00AM	3/1-3/31	Eagle Pool	R\$42/NR\$54.50	SR\$14/SN\$26.50
14203	18+ yrs	M/W/F	8:05 - 9:00AM	4/2-4/30	Eagle Pool	R\$39/NR\$51.50	SR\$13/SN\$25.50
14204	18+ yrs	M/W/F	8:05 - 9:00AM	5/3-5/28	Eagle Pool	R\$36/NR\$48.50	SR\$12/SN\$24.50
14205	18+ yrs	M/W/F	8:05 - 9:00AM	6/2-6/30	Eagle Pool	R\$39/NR\$51.50	SR\$13/SN\$25.50

#### **DEEP WATER EXERCISE**

Aerobic and strengthening exercises are performed in deep water with the assistance of a flotation device. Deep Water Exercise provides the benefits of aerobic exercise without the negative impact. Participants must be comfortable in deep water, but the ability to swim is not required. Flotation devices provided.

14206	18+ yrs	Tu/Th	8:05 - 9:00AM	1/5-1/28	Eagle Pool	R\$24/NR\$36.50	SR\$8/SN\$20.50
14207	18+ yrs	Tu/Th	8:05 - 9:00AM	2/2-2/25	Eagle Pool	R\$24/NR\$36.50	SR\$8/SN\$20.50
14208	18+ yrs	Tu/Th	8:05 - 9:00AM	3/2-3/30	Eagle Pool	R\$27/NR\$39.50	SR\$9/SN\$21.50
14209	18+ yrs	Tu/Th	8:05 - 9:00AM	4/1-4/29	Eagle Pool	R\$27/NR\$39.50	SR\$9/SN\$21.50
14210	18+ yrs	Tu/Th	8:05 - 9:00AM	5/4-5/27	Eagle Pool	R\$24/NR\$36.50	SR\$8/SN\$20.50
14211	18+ yrs	Tu/Th	8:05 - 9:00AM	6/1-6/29	Eagle Pool	R\$27/NR\$39.50	SR\$9/SN\$21.50

### Aquatics

#### LIFEGUARD TRAINING

This course is specifically designed to prepare students for eligibility to apply for Lifeguard employment. Upon successful completion of this course, students will receive the following certifications: CPR for the Professional Rescuer, AED, First Aid training and Lifeguard Training certification. Participants must be 15 years old by the last date of the class and able to swim 500 yards continuously, tread water for two minutes and retrieve a 10-pound brick from the bottom of the pool. ATTENDANCE IS MANDATORY AT ALL CLASSES. Bring a swimsuit and a towel to every class. Fee includes books and certifications. Instructor: Aquatics Staff.

14212	15+ yrs	M-F	8:30AM - 4:30PM	4/12-4/16	Rengstorff Pool	R\$184/NR\$196.50
14213	15+ yrs	F Sa Su	5:00 - 9:00PM 8:30AM - 5:30PM 8:30AM - 5:30PM	4/30 & 5/7 5/1 & 5/8 5/2 & 5/9	Rengstorff Pool	R\$184/NR\$196.50
14214	15+ yrs	F Sa Su	5:00 - 9:00PM 8:30AM - 5:30PM 8:30AM - 5:30PM	5/28 & 6/4 5/29 & 6/5 5/30 & 6/6	Rengstorff Pool	R\$184/NR\$196.50



#### WATER SAFETY INSTRUCTOR

Sa-Su

This class will train instructor candidates to teach American Red Cross Learn to Swim, infant/preschool programs and Community Water Safety courses. Prerequisites: must be 16 years old by the last day of class and pass a pretest consisting of water safety and swimming skills on the first day of class. ATTENDANCE IS MANDATORY AT ALL CLASSES. Bring a swimsuit and towel to every class. Fee includes books and certification.

14274 16+ yrs Tu/Th 6:00 - 10:00PM 4/20-5/13 Rengstorff Pool R\$184/NR\$196.50

#### **ADULT LAP SWIM**

Lap Swimming is a great opportunity available for adults aged 18 and up to increase their health and wellness. Schedule is subject to change due to holidays and routine pool maintenance. Please visit www.mountainview.gov for schedule updates.

Replacement cards will not be issued if lost or stolen. Mountain View Residents must provide proof of residency.

#### **EAGLE POOL SCHEDULE:**

Mon-Fri 10:30AM - 1:30PM

6:00PM - 8:00PM

9:00AM - 12:00PM

Adult - 25 Swim Pass: R\$52.50/NR\$63.75

Senior - 25 Swim Pass: R\$15/NR\$26.25

Day Pass: R\$3/NR\$4

#### Lap Swim Cards and Day Passes may be purchased at the following locations:

- Mountain View Community Center (201 South Rengstorff Avenue)
- City Hall Finance Department (500 Castro Street)
- Eagle Park Pool during Lap Swim hours only. (Please have exact change or check)
- By mail (include a self-addressed stamped envelope and proof of residency)

#### **CONTACT INFORMATION**

Eagle Pool (650) 903-6413 650 Franklin Street

Rengstorff Pool (650) 903-6414 201 South Rengstorff Avenue

**Community Center** (650) 903-6331 201 South Rengstorff Avenue

LOS ALTOS - MOUNTAIN VIEW AQUATIC CLUB sanctioned by the United States Swimming, Inc., offers year-round, competitive swimming for boys and girls ages 5 to 18, novice through advanced. All practice sessions are coached by experienced, certified coaches and instructors at Eagle Pool. For more information, visit us at: www.lamvac.org, or call (650) 599-2213.

#### **MOUNTAIN VIEW MASTERS**

Mountain View Masters (MVM) is a swim program for the adult community aged 18+ of all swimming ability levels. MVM offers: coached practices; group clinics; lap swimming; local swim competitions; and fun social events year round for its team members. MVM practices are mornings, Monday through Sunday at Eagle Pool.

All members must register with Pacific Masters Swimming (PMS). Monthly MVM dues include access to all MVM practices and City lap swim program. Drop-in fee for PMS-registered swimmers is \$7.00. For more information, visit us at: www.mvm.org, or call (408) 735-1326.

# **Sports and Fitness**

#### RAYVONICS FITNESS

Participants will experience a fitness program consisting of body toning exercises, movement to help develop strength, flexibility and stamina. Featuring low-impact warm-up, floor exercises and yoga techniques followed by cardio conditioning and cool-down stretching techniques. Course taught by Rayvon Williams.

14168	16+ yrs	M/W/F	6:00 - 7:00PM	1/4-1/29	MVSP - Aux Rm	R\$55/NR\$67.50
14169	16+ yrs	M/W/F	6:00 - 7:00PM	2/1-2/26	MVSP - Aux Rm	R\$55/NR\$67.50
14170	16+ yrs	M/W/F	6:00 - 7:00PM	3/1-3/31	MVSP - Aux Rm	R\$70/NR\$82.50
14248	16+ yrs	M/W/F	6:00 - 7:00PM	4/2-4/30	MVSP - Aux Rm	R\$65/NR\$77.50
14249	16+ yrs	M/W/F	6:00 - 7:00PM	5/3-5/28	MVSP - Aux Rm	R\$60/NR\$72.50
14250	16+ yrs	M/W/F	6:00 - 7:00PM	6/2-6/30	MVSP - Aux Rm	R\$65/NR\$77.50

#### **JAZZERCISE CLASSES IN MOUNTAIN VIEW**

JAZZERCISE is the original dance exercise phenomenon! Each 60 to 70 minute class offers a blend of jazz dance and exercise science to your favorite music - Top 40, jazz, country, funk, and classics. Easy to follow fun choreography includes a gentle warm up, 30 minute aerobic workout, muscle toning, and strengthening segment with weights and stretch finale. Instructors demonstrate how movements can be modified to meet individual fitness levels making Jazzercise fun for both the beginning and the more advanced students!

> Whisman Sports Center, M & W, 5:45 p.m.; Sat., 8:45 a.m. Mountain View Community Center, Tu & Th, 9:15 a.m.

\$45 Joining fee: This fee applies to all new customers and those with memberships that have expired for 3 months or longer.

For more information please call Barbara Peterson at (650) 464-9758.

explore recreation\*

# **Our mission** is to provide programs that meet individual needs of seniors, promote personal growth and socialization and foster feelings of achievement, companionship and well being.



#### Welcome!

Welcome to the Mountain View Senior Center. We invite you to visit us and CELEBRATE LIFE! The Mountain View Senior Center has many opportunities to make your retirement years the best that they can be. Whether you like to play cards, table tennis, pool or dance, we promise to have something that will invigorate your spirit and improve your health and well being. We offer many free social services such as legal assistance, health insurance counseling, tax help and more. You can also receive free information during one of our Thursday workshops. Topics range from managing chronic pain to introduction to computers. We invite you to stop in and visit. We hope that you will join us and rediscover your youth. We help older adults realize their biggest goals--to be active, stay healthy and well, and to remain living independently for as long as possible.



#### **Volunteer Opportunities**

This just might be the perfect place for you! The Senior Center offers volunteer placement to seniors and other interested citizens. Currently, the Senior Center seeks volunteers for the Senior Center reception desk. If you are interested, please call (650) 903-6330.

#### Classes

Enjoy one of the close to 50 different types of Senior Center classes offered through Mountain View-Los Altos Adult Education, Foothill-De Anza Community College District and Senior Volunteers. Adults over 55 can register for oils and acrylics, watercolor, ceramics, general conditioning, aerobics, yoga, Spanish conversation and much more. Attend a free class with volunteer instructors, including creative stitchery, knitting and crocheting, woodcarving, line dance and square dancing. A complete list of classes is available at the Senior Center or online at www.mountainview.gov.

#### **Drop-In Activities**

The Senior Center offers many free activities. Drop in and enjoy free billiards, table tennis including our new outdoor table and card games. Daily word puzzles are available or just come and meet someone new over a cup of coffee. Seniors are welcome to drop in and use the free exercise room that offers treadmills, stationary bicycles, weights and elliptical trainers. Prior to the first usage of the exercise equipment, each participant must attend exercise orientation which is offered twice a week by appointment. A computer lab with Internet-ready computers is available for use (please call for lab availability).



#### **Nutrition Program**

Take a step in a healthy direction. The Senior Nutrition Program provides subsidized hot lunches each weekday to clients over the age of 60. Lunches are prepared on site and the suggested donation is \$2.50. Meals are served Monday through Friday at noon. Check in for lunch prior to 11:30 a.m. No reservations are required. Take advantage of this opportunity for nutrition, socializing and education. Dancing takes place every Monday, Wednesday and Friday from 10:30 a.m. to noon. The Nutrition Program is offered in conjunction with the Community Services Agency of Mountain View-Los Altos and the County of Santa Clara. For more information on the Nutrition Program, please call (650) 964-6586.



#### **Health and Social Services**

Make a pledge to improve your health and wellness for 2010 at the Mountain View Senior Center. Each month there are many free social services available such as blood pressure checks, eye glass repairs, spinal screenings, Alzheimer's screenings, legal referrals, renters' assistance, hearing screenings, income tax preparation, health insurance counseling and podiatry screenings. Appointments are necessary for many of these services, please call (650) 903-6330.

#### **For More Information**

For more information about these programs and other services offered at the Mountain View Senior Center, call (650) 903-6330. You may also go on-line to view the monthly newsletter called The Prime Time News and the Quarterly Class Guide at <a href="https://www.mountainview.gov">www.mountainview.gov</a>.

#### **Senior Advisory Committee (SAC)**

SAC meets the third Wednesday of each month from 2:00 – 4:00 p.m. on a 10 month calendar. For more information check out the Prime Time News publication or find updates at www.mountainview.gov.

#### **Hours of Operation**

Monday – Wednesday, 8:30 a.m. - 9:00 p.m.
Thursday & Friday, 8:30 a.m. - 5:00 p.m.
Saturday & Sunday by reservations only.\*
\*For reservation information, please call (650) 903-6407.

# **ADULT GOLF CLASSES (18+ years old)**

The Adult Golf classes are structured with a goal in mind: playing better golf. From zero to moderate experience, the fundamentals taught will help you PLAY BETTER. Each class is four 1-hour sessions. Student/Instructor ratio is between 3:1 and 5:1, minimum of 3 students. Make up classes are available. Clubs and range balls are included. For more information on how to register, please call (650) 903-4653.

#### **ADULT GOLF CLASSES - LEVEL I**

Level I curriculum will cover fundamentals from set-up (grip, stance, and ball position) to ½ swing to full swing. The mysteries of good putting will also be answered.

A1001	1/10 - 1/31	Su	9:00 - 10:00AM	\$108
A1002	2/21 - 3/14	Su	9:00 - 10:00AM	\$108
A1003	3/21 - 4/11	Su	8:30 - 9:30AM	\$108
A1004	3/24 - 4/14	W	5:30 - 6:30PM	\$108
A1005	3/25 - 4/15	Th	6:45 - 7:45PM	\$108
A1006	4/18 - 5/9	Su	8:30 - 9:30AM	\$108
A1007	4/21 - 5/12	W	6:45 - 7:45PM	\$108
A1008	5/16 - 6/6	Su	8:30 - 9:30AM	\$108
A1009	5/20 - 6/10	Th	5:30 - 6:30PM	\$108

#### **ADULT GOLF CLASSES - LEVEL II**

Level II class curriculum is practical application in full swing lesson with drivers, bunker shots, and hilly lies. Discussion topics include: how and where to purchase the correct golf clubs, golf course etiquette, Rules of Golf, and how to play on the course and not be in the way. Graduates of Level II are invited to participate in an on-course playing lesson with the Shoreline Golf Links instructors.

A1001-L2	1/10 - 1/31	Su	10:15 - 11:15AM	\$108
A1002-L2	2/21 - 3/14	Su	10:15 - 11:15AM	\$108
A1003-L2	3/21 - 4/11	Su	9:45 - 10:45AM	\$108
A1004-L2	4/18 - 5/9	Su	9:45 - 10:45AM	\$108
A1005-L2	4/21 - 5/12	W	5:30 - 6:30PM	\$108
A1006-L2	4/22 - 5/13	Th	6:45 - 7:45PM	\$108
A1007-L2	5/16 - 6/6	Su	9:45 - 10:45AM	\$108
A1008-L2	5/19 - 6/9	W	6:45 - 7:45PM	\$108

#### **ADULT FULL SWING REFRESHER AND REVIEW - LEVEL III**

This class provides an intense analysis of all elements of the full swing. It will help identify your individual swing deficiencies and offer swing improvement solutions, and training drills to help you. The four 1-hour sessions will be conducted on a full length driving range. Maximum of 8 students per class.

AFS 1001	1/10 - 1/31	Su	11:30AM - 12:30PM	\$108
AFS 1002	2/21 - 3/14	Su	11:30AM - 12:30PM	\$108
AFS 1003	3/21 - 4/11	Su	11:00AM - 12:00PM	\$108
AFS 1004	3/24 - 4/14	W	6:45 - 7:45PM	\$108
AFS 1005	3/25 - 4/15	Th	5:30 - 6:30PM	\$108
AFS 1006	4/18 - 5/9	Su	11:00AM - 12:00PM	\$108
AFS 1007	5/16 - 6/6	Su	11:00AM - 12:00PM	\$108
AFS 1008	5/19 - 6/9	W	5:30 - 6:30PM	\$108
AFS 1009	5/20 - 6/10	Th	6:45 - 7:45PM	\$108

#### ADULT SHORT GAME GOLF CLASSES - LEVEL VI

The Level VI class curriculum is an in-depth effort at improving your short game. Each session will consist of concentrated instruction in the following components of the short game: putting, chipping, pitching and bunker play. Maximum of 8 students per class.

SG 1001	3/6 - 3/27	Sa	1:00 - 2:00PM	\$108
SG 1002	4/22 - 5/13	Th	5:30 - 6:30PM	\$108
SG 1003	4/24 - 5/15	Sa	1:00 - 2:00PM	\$108
SG 1004	5/29 - 6/19	Sa	1:00 - 2:00PM	\$108

#### PARENT/CHILD GOLF CLASSES

This class teaches the basics of golf to parents and children together. The class includes: Full swing, putting, golf course etiquette and rules discussions. Every effort is made to maintain a parent/child-to-instructor ratio of 3:1 and 5:1, minimum of 3 sets of parent/child. Children (ages 7-17). Fee is \$75 per student.

PC 1001	2/21 - 3/14	Su	2:00 - 3:00PM	\$75/student
PC 1002	4/4 - 4/25	Su	2:00 - 3:00PM	\$75/student

#### **Practice Facilities**

The course has excellent practice facilities, consisting of a short game practice area with a practice bunker, a large 16,000 sq. ft. practice putting green, a 6,000 sq. ft. practice chipping green adjacent to the pro shop, a second small putting-chipping green, and a night-lighted practice range with 29 tee stations, and a large grass tee used on weekends (April -September).

The range is open at 7:00 a.m. daily with exception of Wednesdays, when the range opens at 11:00 a.m. Buckets of range balls are dispensed in three sizes (large, medium and warm-up) from two automated ball-dispensing units. Based on seasons of the year, the hours of operation change. The closing time may be as late as 8:00 p.m., or as early as 6:00 p.m. Call the Pro Shop at (650) 903-4653 if you need specific closing times.



#### Mail To:

Shoreline Golf Links 2940 N. Shoreline Boulevard Mountain View, CA 94043

Please - NO CASH.

Check(s) payable to "Shoreline Golf Links"

#### SHORELINE GOLF REGISTRATION FORM



REGISTERING ADULT	First		CITY	Last	ZIP CODE
DAYTIME PHONE ()		ENING PHO		) EMAIL_	
PARTICIPANT'S	NAME	GENDER	HEIGHT	FIRST CHOICE CLASS	SECOND CHOICE CLASS

GOLF PARTICIPANTS: UNLESS NOTIFIED, YOUR 1st CHOICE IS ACCEPTED \*Class registration will be confirmed via e-mail when provided.

The undersigned, in consideration of participation in this program, agrees to indemnify and hold the City of Mountain View and Shoreline Golf Links harmless and release the City of Mountain View and Shoreline Golf Links from any and all liability for any injury which may be suffered by the above-named individual(s)

registered in this program arising out of or in any way connected with participation in understand that I assume all risks for any injuries received.	, , ,	
PARENT/PARTICIPANT SIGNATURE X		DATE
I authorize use of my:  MASTERCARD  VISA  AMERICAN EXPRESS  Credit Card #:		
Name as it appears on Credit Card	Expir	ration Date/
SIGNATURE X	DATE	(Not valid for Tennis)

#### CHILDREN AND ADULT TENNIS LESSONS

Participants must furnish their own tennis rackets and wear tennis shoes. In case of rain call (650) 787-9933 ONE HOUR prior to your scheduled start time for a court update. Rained out classes will be made up at the end of the session. A class with three or less students will be cancelled and students will be notified of other class options.

#### **Junior Programs**

#### **TENNIS FOR TODDLERS (ages 2.5-3.5)**

A fun introduction to movement and exercise specifically designed for you and your child to participate in a "sport of a lifetime." Your and your child will run, jump, hop, twist, bend and swing while you keep your eye on the ball in this exciting new tennis class. Meet other people, have fun and find out why tennis has never been more fun or easier to play and learn. This is a parent participation class; all equipment will be provided.

#### MINI TENNIS (ages 4-6)

An introductory program for the young athlete. Fundamental ball skills, movement, and coordination exercises will be included. Using the NEW Quick Start Format - age & skill appropriate racquets, balls, & courts - and a games-based approach to learning your child will learn the proper fundamentals to enjoy the game. Learn NEW tennis drills methods you can do with your child.

#### TENNIS – RALLEYBALL 1 (ages 7-12)

An introductory program for the young athlete. Fundamental ball skills, movement, and coordination exercises will be included. Using the NEW Quick Start Format - age & skill appropriate racquets, balls, & courts - and a games-based approach to learning your child will learn the proper fundamentals to enjoy the game. Learn NEW tennis drills methods you can do with your child.

#### **TENNIS – RALLEYBALL 2 (ages 8-14)**

Must have previous Ralleyball experience or similar experience. Not your traditional tennis lesson! This is Ralleyball...the FUN way to learn and play tennis! Using the NEW Quick Start Format - age & skill appropriate racquets, balls, & courts - and a games-based approach to learning, players will be able to rally in minutes and learn the fundamentals of the game in a team-oriented environment.

#### **TENNIS - BEGINNING (ages 11-16)**

It's never too late to start playing tennis. Tennis has never been easier to play and learn. This beginning tennis program will teach your child the basic fundamentals and skills of tennis in a fun and exciting class. Players will also learn to keep score and basic match strategies.

#### **Adult Programs**

#### **TENNIS - BEGINNING (ages 16+)**

Tennis has never been easier to play and learn. By using NEW progression tennis balls and a progressive games-based approach to learning, you will be able to learn the skills necessary to rally the ball in the first hour of the very first class.

#### TENNIS - INTERMEDIATE (ages 16+)

Previous tennis experience is required. The lessons are fast-paced, covering all the fundamentals in hitting, movement, and strategy. Learn how to shape the ball and improve your consistency.

#### **TENNIS - ADVANCED (ages 16+)**

This class is for experienced players. Each lesson segment will cover different techniques and strategies to help you improve your game. Advanced players should be 3.5 level or higher.

#### **OFFENSIVE & DEFENSIVE DOUBLES STRATEGY (ages 16+)**

Learn how to work with your partner to set up the point and execute winning patterns of play. Choose the right shot at the right time, improve your shot selection options, learn to use spin to create opportunities, how to use court positioning for better doubles play, and match play analysis. Great for doubles teams or players wanting to improve their doubles play. Must be 2.5 player rating or higher.

#### CARDIO TENNIS - INTERMEDIATE (ages 16+)

Previous tennis experience is required. The lessons are fast-paced with footwork and movement in the forefront of the class. The goal of each lesson segment is to introduce one or more skills necessary to play tennis and one or more footwork patterns to help you move better on the tennis court. The class will keep you in the CARDIO zone (65-85% max heart rate) for the entire class

#### **JUNIOR RECREATION CLASSES**

NO CLASSES 2/13, 2/15-2/17, 2/19, 4/10, 4/12-4/16

CUESTA PARK				WINTER		SPRING	
<b>PROGRAM</b>				SESSION		<b>SESSION</b>	
<u>NAME</u>	<u>AGE</u>	<u>DAY</u>	<u>TIME</u>	<b>DATES</b>	<u>FEES</u>	<b>DATES</b>	<u>FEES</u>
Beginning	11-15 yrs	M	6:00 - 7:00PM	1/25-3/8	R\$54/NR\$64	3/29-5/24	R\$74/NR\$84
Beginning	11-15 yrs	W	6:00 - 7:00PM	1/20-3/3	R\$54/NR\$64	3/31-5/26	R\$74/NR\$84
Mini Tennis	4-6 yrs	Sa	9:00 - 9:45AM	1/23-3/6	R\$54/NR\$64	4/3-5/29	R\$74/NR\$84
Ralleyball I	7-12 yrs	Sa	10:00 - 10:55AM	1/23-3/6	R\$54/NR\$64	4/3-5/29	R\$74/NR\$84
Ralleyball II	8-14 yrs	Sa	11:00 - 11:55AM	1/23-3/6	R\$54/NR\$64	4/3-5/29	R\$74/NR\$84
Mini Tennis	4-6 yrs	W	9:00 - 9:45AM	1/20-3/3	R\$54/NR\$64	3/31-5/26	R\$74/NR\$84
Tennis for Toddlers	2.5-3.5 yrs	F	10:00 - 10:30AM	1/22-3/5	R\$54/NR\$64	4/2-5/28	R\$74/NR\$84

RENGSTORFI	PARK			WINTER		SPRING	
<b>PROGRAM</b>				SESSION		SESSION	
<u>NAME</u>	<u>AGE</u>	<u>DAY</u>	<u>TIME</u>	<b>DATES</b>	<u>FEES</u>	<b>DATES</b>	<u>FEES</u>
Mini Tennis	4-6 yrs	Tu	3:15 - 4:00PM	1/19-3/2	R\$54/NR\$64	3/30-5/25	R\$74/NR\$84
Ralleyball I	7-12 yrs	Tu	4:05 - 5:00PM	1/19-3/2	R\$54/NR\$64	3/30-5/25	R\$74/NR\$84
Ralleyball II	8-14 yrs	Tu	5:05 - 6:00PM	1/19-3/2	R\$54/NR\$64	3/30-5/25	R\$74/NR\$84
Mini Tennis	4-6 yrs	Th	3:15 - 4:00PM	1/21-3/4	R\$54/NR\$64	4/1-5/27	R\$74/NR\$84
Ralleyball I	7-12 yrs	Th	4:05 - 5:00PM	1/21-3/4	R\$54/NR\$64	4/1-5/27	R\$74/NR\$84
Ralleyball II	8 -14 yrs	Th	5:05 - 6:00PM	1/21-3/4	R\$54/NR\$64	4/1-5/27	R\$74/NR\$84

#### **ADULT RECREATION CLASSES**

NO CLASSES 2/15-2/18, 4/12-4/15

CUESTA PARK				WINTER		SPRING	
<b>PROGRAM</b>				SESSION		SESSION	
<u>NAME</u>	<u>AGE</u>	<u>DAY</u>	<u>TIME</u>	<b>DATES</b>	<u>FEES</u>	<b>DATES</b>	<u>FEES</u>
Beginning	16+ yrs	M	9:00 - 10:00AM	1/25-3/8	R\$54/NR\$64	3/29-5/24	R\$74/NR\$84
Beginning	16+ yrs	M	6:00 - 7:00PM	1/25-3/8	R\$54/NR\$64	3/29-5/24	R\$74/NR\$84
Intermediate	16+ yrs	M	7:00 - 8:00PM	1/25-3/8	R\$54/NR\$64	3/29-5/24	R\$74/NR\$84
Advanced	16+ yrs	M	8:00 - 9:00PM	1/25-3/8	R\$54/NR\$64	3/29-5/24	R\$74/NR\$84
Beginning	16+ yrs	Tu	7:00 - 8:00PM	1/19-3/2	R\$54/NR\$64	3/30-5/25	R\$74/NR\$84
Intermediate	16+ yrs	Tu	6:00 - 7:00PM	1/19-3/2	R\$54/NR\$64	3/30-5/25	R\$74/NR\$84
Advanced	16+ yrs	Tu	8:00 - 9:00PM	1/19-3/2	R\$54/NR\$64	3/30-5/25	R\$74/NR\$84
Cardio - INT	16+ yrs	W	7:15 - 8:15PM	1/20-3/3	R\$54/NR\$64	3/31-5/26	R\$74/NR\$84
Beginning	16+ yrs	W	9:00 - 10:00AM	1/20-3/3	R\$54/NR\$64	3/31-5/26	R\$74/NR\$84
Intermediate	16+ yrs	W	10:00 - 11:00AM	1/20-3/3	R\$54/NR\$64	3/31-5/26	R\$74/NR\$84
OFF/DEF DBLS STRAT	16+ yrs	Th	9:00 - 10:25AM	1/21-3/4	R\$81/NR\$91	4/1-5/27	R\$108/NR\$118



#### **How to Register**

On-Line Registration:
Go to:
www.mountainviewtennis.net

You may also register in person at:

Cuesta Tennis Center 685 Cuesta Drive, Mountain View, CA 94040

Make check(s) payable to "Mountain View Tennis"

For more information call (650) 787-9933.

#### **Tennis Information**

#### **Tennis Advisory Board**

If you have any information regarding tennis programs, facility and service that you would like to share with the Tennis Advisory Board please send them an e-mail in care of the Tennis Advisory Board to recreation@mountainview.gov.

# Mountain View Tennis Club (MVTC)

The Mountain View Tennis Club is open to Mountain View residents and non-residents. Membership includes tournaments, interclub matches and special events. Forms are available at the Recreation Division office and Cuesta Tennis Center.

For additional information, call (650) 964-6224.

# Excursiones de Primavera en la Granja Deer Hollow 2010

Sábados: 20 de marzo, 17 de abril y 15 de mayo 10:00 a.m. A 1:00 p.m.

La última excursión empieza a las 12:30 p.m.

Las excursiones son de una hora.

\$5 por persona.

Niños/as menores de 2 años GRATIS.



¡Vengan a conocer a las nuevas crías incluyendo el becerro de Luna, las cabras y sus cabritos, corderos, conejos, gallinas, patos, gansos y marranitos! Disfruten viendo, tocando y aprendiendo más acerca del ganado y su familia. Los docentes los llevaran por los chiqueros, el establo de más de un centenario, y jardines, hortalizas. Les contarán como era la vida diaria de una granja como ésta hace 150 años, cuando la mayoría de los americanos vivían en granjas

parecidas a Deer Hollow Farm. La excursión incluye la presentación de un afamado documental de corto metraje acerca de Deer Hollow Farm llamado "Lecciones de la Tierra".

Los Amigos de Deer Hollow Farm llevan a cabo Las Excursiones de Primavera para recabar fondos y apoyar este magnífico programa educativo, en el cual cerca de 5000 niños asisten cada año. Tendremos un área con artículos para vender como camisetas, tarjetas hechas a mano y con fotografías originales de la reservación y la granja, así como tarjetas que identifican plantas y animales. También casitas de pájaros hechos de guajes pintados a mano y camisetas bordadas.

Deer Hollow Farm es una granja de 10 acres donde se labora diariamente, de los 3,800 acres en el Parque del Condado Rancho San Antonio y Reservación de Espacio al Aire Libre. La granja fue fundada por la Ciudad de Mountain View, el Distrito Regional Midpeninsula de Campo al Aire Libre y el Condado de Santa Clara, con la ayuda de los Amigos de Deer Hollow Farm. Para más información visite: www.fodhf.org.

#### Gimnasio Abierto para Adultos en Mountain View - Voleibol

Mountain View Sports Pavilion 1185 Castro Street

El Mountain View Sports Pavilion esta abierto los domingos de las 5:00 a 7:00 p.m. para jugar voleibol cuando puedan asistir. Solo para los residentes y empleados de negocios de Mountain View. Se recomienda obtener un pase (activity pass) de \$12.25 por 10 visitas, \$24.75 por 20 visitas o pague \$2.25 por visita. Los pases se pueden comprar en la Oficina de Recreación en el 201 South Rengstorff Avenue, de lunes a viernes de las 8:30 a.m. a 5:00 p.m. y los domingos en la tarde en el Sports Pavilion. Favor de traer cambio. Se requiere constancia de residencia.

#### Agencia de Servicios de la Comunidad

204 Stierlin Road (650) 968-0836

La Agencia de Servicios de la Comunidad ofrece programas de asistencia financiara a residents de bajos ingresos y provee: asistencia financiera de renta, y de servicios públicos; un centro de alimentos y nutrición; materiales escolares; cuidado óptico y dental para niños sin seguro médico; distribución de jugetes; asistencia de medicina para niños y adultos sin aseguranza; asistencia financiera para Clases de Recreación.

Horarios sin Citas Lunes, Miercoles, y Jueves 9:00 a 11:00 a.m. y 1:30 a 3:00 p.m.

Horas de Citas: Martes: 10:00 – 11:00 a.m. y 1:30 – 3:00 p.m. Viernes: 1:30 – 3:00 p.m.

#### Comisión de Parques y Recreación

Paul Donahue (Presidente), Gary Griffith (Vicepresidente), Thida Cornes, Hugh J. Donagher III y Ed Mussman II

La Comisión de Parques y Recreación se reúne el segundo miércoles de cada mes a las 7:00 p.m. el en Mountain View Senior Center, 266 Escuela Avenue.

Las próximas fechas de las reuniones son: 9 de diciembre, 13 de enero, y 10 de febrero.

#### La Ciudad de Mountain View Celebra EL DÍA DEL ARBOL

Sábado 13 de marzo del 2010 11:00 a.m. Pioneer Park

El Parque Conmemorativo Pioneer está localizado entre el Palacio Municipal y la Biblioteca Pública de Mountain View, donde este año tendrá lugar la celebración del Día del Árbol, el sábado 13 de marzo del 2010. Las actividades para el Día del Árbol incluirán una ceremonia para plantar un árbol que comienza a las 11:00 a.m. Disfruta de actividades gratis, como hacer manualidades, pintura de caritas, un paseo con guía que describirá los árboles en el Parque Pioneer, comida y entretenimiento. También esta programada una demostración de como trepar un árbol, por el personal de la División Forestal de Mountain View. La ceremonia Anual del Día del Árbol en Mountain View se celebrará llueve o truene. Para más información llame a la División Forestal y de Veredas en Mountain View al (650) 903-6273.



#### **Entrenando a Líderes**

¿Eres muy grande par ir a campamento y muy chico para ser líder de recreación? ¡Si eres un/una joven con madurez, con energía, entusiasmo, creativo y de edad entre los 13 y 15 años, apúntate ahora para ser parte del programa Líderes en Entrenamiento (LIT) ¡Aprende acerca de liderazgo, desarrollo de

valores, responsabilidad y servicio a otros, mientras estas obteniendo experiencia de trabajo para futuros empleos!

Los Líderes en Entrenamiento ayudan al personal de Recreación y Personal Acuático en los programas de verano y ayudan a dirigir actividades, juegos, deportes, manualidades y excursiones a varios lugares. Recoge una solicitud en www.mountainview.gov empezando el 1º de marzo del 2010. Las solicitudes tienen que entregarse a más tardar para el 30 de abril del 2010 a las 5:00 p.m. y las entrevistas se llevarán a cabo del 10 al 21 de mayo del 2010. Para mas información llama al (650) 903-6410.

#### ¡Únete al Comité Asesor Juvenil!



¿Quieres hacer la diferencia en tu comunidad, pero no sabes como hacerlo? ¿Eres un estudiante de secundaria o de escuela intermedia y vives en Mountain View? ¡Entonces únete al Comité Asesor Juvenil de Mountain View!

Comité colabora como asesor del Consejo de la Ciudad y del personal, proveyendo información valiosa en asuntos relacionados a jóvenes y

adolescentes en nuestra comunidad. El Comité Asesor Juvenil de 15 miembros da su consejo en asuntos relacionados a los jóvenes y adolescentes de la Ciudad de Mountain View. Las reuniones se llevan a cabo los lunes dos veces al mes para planear programas y eventos, recomendar servicios y locales o lugares y para dialogar en asuntos concernientes a los jóvenes en nuestra comunidad.

Recoge una solicitud en la oficina de tu escuela, el Centro Comunitario, localizado en el 201 South Rengstorff Ave., o visita nuestro sitio Web: www.mountainview.gov a partir del 22 de febrero del 2010. El número de participantes es limitado. Llena tu solicitud y entrégala para las 5:00 p.m. del viernes 9 de abril de 2010. Para más información llama al (650) 903-6410.



# The House (La Casa)

Lunes - jueves: 5:00 - 8:00 p.m. Viernes y sábado: 5:00 - 9:30 p.m. 298 Escuela Avenue

¡Reúnete con nosotros en THE HOUSE! Este programa GRATIS esta disponible para todos los estudiantes de escuela intermedia de Mountain View y esta SUPERvisado por líderes de recreación ¡THE HOUSE

ofrece un ambiente social con billares, juegos de video, juegos de mesa, refrigerios y manualidades! Llena tu solicitud para ser miembro de THE HOUSE recogiendo una forma para inscribirte en el Centro Comunitario de Mountain View o por Internet al www.mountainview.gov. Las formas para inscribirte deben estas llenas en la segunda visita que hagas para poder seguir asistiendo. ¡Hay actividades diarias, recoge un Calendario con las Actividades en tu siguiente visita a THE HOUSE para que veas que la diversión esta a la vuelta de la esquina! Para más información, favor de comunicarte con la División de Recreación al (650) 903-6618.

#### Programa de Asistencia Financiera en Clases de Recreación (FAP)

La Ciudad de Mountain View (Alcaldía) provee a los residentes de Mountain View asistencia financiera limitada para que disfruten de las clases de recreación. Para calificar, los solicitantes deben ser residentes de Mountain View y ser evaluados por la Agencia de Servicios de la Comunidad (Community Services Agency) (Conforme a las guías de HUD del Condado de Santa Clara). La Forma de Asistencia Financiera de CSA original debe presentarse cada año en la primera clase de recreación que se inscriba. Al ser elegibles, se pueden inscribir a las clases que desean con un costo máximo de \$400 a \$800.

- Se cobrará una cuota de \$6 por cada clase que transfiera o cancele.
- Si cancela la clase con menos de 14 días del comienzo de las clases, se le rebajará el doble del costo de la clase de lo que le corresponde de FAP. No se reembolsará el costo de clases que ya haya sido utilizado para inscripción de lo que le corresponda del FAP, a menos que la Division de Recreación la cancele.
- Solicitud para transferir clases, si hay espacio, DEBEN hacerse con no menos de 7 días antes del primer día de ambas clases, incluyendo fines de semana y días festivos.
- Si las personas que reiben FAP no asisten el primer día de clase a la que están inscritas, serán suspendidos automáticamente y se les rebajará el doble del costo de la clase de lo que le corresponde del FAP.
- El FAP es válido por un año (septiembre 1 al 31 de agosto y no se puede usar para golf, tenis, natación (lap swim) y eventos especiales.

E-Mail: recreation@mountainview.gov Sitio en la Web: www.mountainview.gov

#### Fechas Límite de Inscripción

#### PRIORIDAD PARA INSCRIBIRSE

Solo para Residentes de Mountain View Por Internet, Correo, Fax o en la Oficina Comienza: Jueves 3 de diciembre 8:30 a.m.

#### **INSCRIPCIÓN ABIERTA**

Residente y No-Residentes

Por Internet, Correo, Fax o en la Oficina

Comienza: Lunes 4 de diciembre 8:30 a.m.

#### Cómo Inscribirse



**POR INTERNET** 

http://online.activenetwork.com/mvrecreation



CORREO\* (No envíe dinero en efectivo) City of Mountain View Recreation Class Registration P.O. Box 7540 Mountain View, CA 94039-7540



(650) 962-1069



#### **EN LA OFICINA\*:**

Lunes a viernes 8:30 a.m. - 5:00 p.m. Centro Comunitario 201 South Rengstorff Avenue Mountain View, CA 94040

- Residentes de Mountain View: Un (1) comprobante de residencia debe presentarse por temporada: Licencia de conducir/identificación de California vigente, Recibo de luz, teléfono, pago de la casa, o contrato de renta (en papel membretado de la compañía). Las Solicitudes sin comprobante de residencia no serán tramitadas.
- Por correo, fax o en la oficina serán tramitadas diariamente en el orden en el que se reciban. Se le enviará un comprobante de al tramitarlas

#### Formas de Pago

Visa, MasterCard, Efectivo, o Cheque (a nombre de "City of Mountain View").

Cuota por Cheque sin Fondos: \$25 por cheque.

#### Información General

#### Póliza de Transferencias / Cancelaciónes / Reembolso:

- A todos las Transferencias / Cancelaciones / Reembolsos se les cobrará una cuota de \$6 por procesarlas por cada clase.
- La Solicitud para Cancelaciones / Reembolsos deben hacerse en no menos de 14 días de antes del primer día de clases, incluyendo fines de semana y días festivos.
- No se aceptarán Cancelaciones / Reembolsos que se hagan en menos de 14 días antes del primer día de clases.
- Las Solicitudes de Transferencias, si hay lugar, deben hacerse en no menos de 7 días antes del primer día de ambas clases, incluyendo fines de semana y días festivos. Cuotas adicionales son resposabilidad de los participantes.

#### Comprobante de Residencia en Mountain View:

Los comprobantes que se aceptan son: Licencia de conducir vigente de California o Identificación, recibo de la luz, agua, teléfono, cuenta de banco o contrato de renta con membrete de la compañía. No se aceptan la licencia de conducir temporal, tarjetas de cambio de domicilio, Apartado Postal, cheques personales o cartas. El comprobante de domicilio debe tener el mismo nombre que el de la persona que se esta inscribiendo.

Cumpleaños y Fecha de Nacimiento: Para inscribirse los participantes deben proveer la fecha de nacimiento y su edad exacta en el primer día de clase. Es posible que se les pida comprobante de su edad.

Infracción por Mal Comportamiento: Los participantes que reciban 3 infracciones por mal comportamiento se le suspenderá del programa en el que estén participando. Se le reembolsará parte de la cuota, a reserva de lo que decida el supervisor.

Cuota por Recoger a los Niños Tarde: Los padres/tutores que lleguen tarde a recoger a sus hijos de cualquier programa de recreación se les cobrarán \$6 por cada 15 minutos tarde. Todo aquel que tenga 3 infracciones por llegar tarde se les suspenderá del programa.

Asistencia a Clase: Asistencia a clase esta limitada solo a los participantes. No se aceptan inscripciones en la clase. No se rebajan las cuotas si faltan a clase. No se ofrecen clases para reemplazar las clases perdidas.

**INFORMACIÓN PARA** 

**INSCRIPCIONES** 

Cancelación de Clases: Las clases que no tengan el mínimo cupo de alumnos se cancelarán. Se notificará a los participantes 3 días antes de que comience la clase. También se les devolverá toda la cuota de inscripción, o podrán trasferirse a otra clase si hay cupo. Los participantes serán responsables por cualquier cuota adicional.

Lista de Espera: Su nombre se pondrá en la lista de espera si la primera o segunda que escogieron tiene

Inscripciones Múltiples: No se aceptan inscripciones de grupos o de varias familias.

#### Las Personas que reciben FAP

- Las personas que reciben FAP y que no asistan el primer día de clase a las que están inscritas, quedan automáticamente fuera de la clase y se les rebajará el doble de la cuota de inscripción de la cantidad del FAP que les corresponde.
- También se les cobrará una cuota de \$6 por procesar cada clases que transfieran o cancelen.
- Todos las cuotas deben pagarse antes de la inscripción de clases futuras.

Vea la página 2 para mayor información.

#### **INSCRIPCIONES POR INTERNET**

Para inscribirse Por Internet necesita:

- Un Número de Identificación Personal de La Familia (PIN)
- Tarjeta Visa o MasterCard

Para obtener el PIN Familiar:

- Vaya al Centro Comunitario de Mountain View
- Verifique los Miembros de la Familia Elegibles para Inscribirse a Clases en su Cuenta.
- Residentes de Mountain View: Traigan comprobante de residencia.

Después de obtener su Número de PIN, vayan a:

http://online.activenetwork.com/mvrecreation ¡E Inscríbase!

#### FORMA DE INSCRIPCIÓN PARA CLASES DE RECREACIÓN

SERVICIO AL CLIENTE (650) 903-6331 FAX (650) 962-1069 CORREO ELECTRÓNICO: recreation@mountainview.gov DECIDENTES DE MOUNTAIN VIEW DEDEN, DOOVEED UN COMPDODANTE DE DECIDENCIA. LAS FORMAS INCOMPLETAS NO SE TRAMITADAN

CONTACTO PRINCIPAL					(MARQUE UNO) PADRE 🗌 TUTO	OR LEGAL	INTERESADO
	Nombre		Apellido				
Domicilio	Ciuda	d		Zona Post	talE-mail		
Геl. en Casa ()Trab	oajo()		Celu	ılar ()	Empleado de la C	D#/Depto	
NOMBRE DEL PARTICIPANTE - Nombre y Apellido	FECHA DE NACIMIENTO	SEXO	GRADO	NUMERO DE CLASE	TITULO DE LA CLASE	CUOTA	SEGUNDA OPCION DE CLASE
						\$	
						\$	
						\$	
						\$	
						\$	
						\$	
PARA INSCRIPCIÓN POR CORREO O EN PERSO	NA: SE REQUIER	E UN CHE	QUE POR C	ADA CLASE.	TOTAL	\$	
INFORMACIÓN DE EMERGENCIA: Otra perso	na(s) que se pue	da llamar	en caso de	emergencia ade	emás del padre/tutor:		
Nombre	Parentes	co		Teléfono (I	MARQUE UNO) 🗆 CASA 🗆 CEL (_	)	
Para los participantes arriba mencionados notifí Nombre del Participante:							
PERMISO PARA FOTOGRAFIARLOS: Escribie otografía de mi hijo/a, mascota o propiedad priv						e Mountain \	/iew use la

LIBERACIÓN DE RESPONSABILIDADES: Para considerar la participación en las clases o actividades que ofrece la Ciudad de Mountain View, yo, al firmar la presente estoy de acuerdo a indemnizar y no culpar a la Ciudad de Mountain View, así como desistir en presentar cargos y no hacer reclamaciones de ninguna índole, por perdidas, daños personales o muerte, así como daños a la propiedad, que pudiera suceder ahora y en el futuro, al Ayuntamiento de Mountain View, el Consejo de la Ciudad, empleados, agentes y voluntarios de culpas que puedan resultar o tenga conexión con mi participación en la clase o actividades, aún cuando los cargos sean a causa de negligencia o descuido de parte del personal o la institución mencionada. En el entendido que los accidentes o daños puedan suceder con mi participación en esta clase o actividad; y aún conociendo los riesgos, estoy de acuerdo en asumir dichos riesgos por mi, miembros de mi familia y mis asignados y desistir en presentar cargos y no hacer reclamaciones de ninguna índole a las personas o entidades mencionadas aun por negligencia o descuido, motivo por lo cual pudieran ser responsables de daños. Además tengo entendido que el Ayuntamiento de Mountain View, el Consejo de la Ciudad. empleados, agentes y voluntarios, no son responsables por los objetos personales propiedad de los participantes en la clase o actividad. En el entendido y estando de acuerdo con esta Liberación de Responsabilidades y los riesgos que esto pueda ocasionar a mi persona, miembros de mi familia o asignados en firmar libremente y sabiendo que es un compromiso legal para mí, miembros de mi familia y asignados. He leído y estoy de acuerdo a la inscripción y a las políticas de dicho programa. Al firmar doy fe de haberlo leído y del contenido de este documento.

FIRMA D	DEL PARTICIPANTE/PADRE/TUTOR LEGAL/AS	SIGNADO X	FECHA
Ī	Autoriza usar mi tariata: MastarCard   Visa   Tariata	Nýmoro	
	Autorizo usar mi tarjeta: MasterCard □ Visa □ Tarjeta	Numero	
	Nombre que aparece en la Tarjeta	Fecha de caducidad (MES/AÑO)/	
	FIRMA	FECHA (No para Golf y Tenis)	

#### REGISTRATION INFORMATION

#### **Registration Deadlines**

#### **PRIORITY REGISTRATION**

Mountain View Residents Only On-Line, Mail, Fax, Drop-Off and Walk-In: Begins: Thursday, December 3, 8:30 a.m.

#### **OPEN REGISTRATION**

Residents & Non-Residents On-Line, Mail, Fax, Drop-Off, and Walk-In: Begins: Monday, December 14, 8:30 a.m.

#### **How to Register**

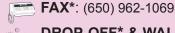


**ON-LINE** 

http://online.activenetwork.com/mvrecreation



MAIL\* (Please do not mail cash): City of Mountain View Recreation Class Registration P.O. Box 7540 Mountain View, CA 94039-7540



#### **DROP-OFF\* & WALK-IN\***:

Monday - Friday 8:30 a.m. - 5:00 p.m. **Community Center** 201 South Rengstorff Avenue Mountain View, CA 94040

- Mountain View Residents: One (1) proof of current residence must be provided per season: Valid/ Current California Driver's License, Current Utility Bill, Bank Statement or a Real Estate document (such as a Rental Agreement on Property Management letterhead). Registrations without one acceptable proof of residence will not be processed.
- Mail, fax & drop-off forms will be processed daily, in order of date received. A receipt will be mailed when processed.

#### Forms of Payment

MAIN CONTACT

Visa, MasterCard, Cash, or Check (payable to "City of Mountain View")

Check Return Fee: \$25 fee per check returned.

#### **General Information**

#### Transfer / Withdrawal / Refund Policy:

- All Transfers / Withdrawals / Refunds will be assessed a \$6 processing fee for each class.
- Withdrawal / Refund requests must be made no less than 14 calendar days before the first day of class, including weekends and holidays.
- Withdrawals / Refunds requested less than 14 calendar days before the first day of class, including weekends and holidays, will not be honored.
- Requests for Transfers, if space is available, must be made no less than 7 calendar days before the first day of both classes, including weekends and holidays. Participants are responsible for any additional fees.

#### **Proof of Mountain View Residency:**

Acceptable forms of proof include: Valid/Current California Driver's License or Identification, a Current Utility Bill, Bank Statement, or Rental Agreement on Property Management letterhead. Temporary California identifications, DMV Change of Address cards, Post Office boxes, personal checks, letters are not acceptable. The proof of residence must match the name and address on the registration form.

Birth Date/Age: To register, all participants must provide their date of birth and be the required age before the first day of class. Proof of age may be required.

Behavior Violation: Participants receiving 3 behavior violations will be removed from the specific program. A partial class refund may be granted at the discretion of the program supervisor.

Late Pick-up: Parents/guardians arriving late to pick up their child from any recreation program will be assessed a \$6 fee per 15 minutes late. Participants receiving 3 late pick-up fees, will be removed from the specific program.

Class Attendance: Attendance in class is limited to registered participants. No registrations are accepted at class. Fees are not prorated for missed classes. No make-up classes are offered.

Monday - Friday 8:30 a.m. - 5:00 p.m. Customer Service: (650) 903-6331 Fax: (650) 962-1069 E-mail: recreation@mountainview.gov

**Business Hours** 

Website: www.mountainview.gov

Class Cancellation: Classes not meeting minimum registration levels will be cancelled. Participants will be notified approximately 3 business days before class begins and issued a full refund, or be eligible to transfer to another class if space is available. Participants transferring will be responsible for any additional fees.

Waitlist: Your name will be placed on a waitlist if your first or alternate class choices are full.

Multiple Registrations: Multiple-family or group registrations are not accepted.

#### **FAP Recipients:**

- FAP recipients who do not attend the first day of a class for which they are registered will be automatically withdrawn and have twice the value of the registration fee subtracted from their allocation.
- FAP recipients will be charged a \$6 processing fee per class for transfers and withdrawals.
- All fees must be paid prior to registration for future classes

Refer to page 2 for additional FAP information.

#### **ON-LINE REGISTRATION**

To register On-Line, you will need:

- A Family Personal Identification Number (PIN)
- A Visa or MasterCard

To obtain your Family PIN:

- Go to the Mountain View Community Center
- Verify Your Immediate Family Members Eligible for Class Registration on Your Account.
- Mountain View Residents: Please bring one current proof of residency.

After You Have your PIN Number, Go to:

http://online.activenetwork.com/mvrecreation and Register!

Classes with the following symbol are not available for On-Line Registration:

(CHECK ONE) PARENT ☐ LEGAL GUARDIAN ☐ SELF ☐



#### CLASS REGISTRATION FORM

CUSTOMER SERVICE: (650) 903-6331 FAX: (650) 962-1069 E-MAIL: recreation@mountainview.gov MOUNTAIN VIEW RESIDENTS: MUST PROVIDE ONE ACCEPTABLE PROOF OF RESIDENCE. INCOMPLETE FORMS WILL NOT BE PROCESSED.

For the participant(s) above, please list any medication(s), allergies, health concerns, or special needs program staff should be aware of:

Address	First	City	Last		Zip Code	E-mail	
Home Phone ()	Work () _			_ Cell Phone (_	)	City Employee #/D	ept
PARTICIPANT NAME - First and Last	BIRTHDATE	GENDER	GRADE	CLASS #	CLASS NAME	FEE	ALTERNATE CLASS #
						\$	
						\$	
						\$	
						\$	
						\$	
						\$	
MAIL / DROP-OFF REGISTRATION: SEP	ARATE CHECKS REQU	IRED FOR	EACH CLAS	SS.	Т	OTAL \$	
EMERGENCY CONTACT: Person to co	ontact in case of an er	nergency o	other than t	:he parent/guardia	an listed above:		

PHOTO RELEASE: By affixing my initials here: or that of a pet or personal property, for promotional us	_ I DO NOT agree nor grant the City of Mountain View permission to use my and/or my child's photograph or likeness se in any City related media.
	class or activity offered by the Recreation Division of the City of Mountain View, I, the below signed, agree to indemnify and hold the City of Mountain View, I, the below signed, agree to indemnify and hold the City of
	any and all claims for loss or damage, for death, personal injury, bodily injury or property damage which I may have or which hereinafter may

\_\_\_ Allergies / Medication(s) / Special Needs / Health Concerns:

Relationship Phone (CHECK ONE) HOME CELL (

that liability may arise out of negligence or carelessness on the part of the person or entities mentioned above. I understand that accidents and injuries can arise from participation in this class or activity; knowing the risks, nevertheless, I hereby agree to assume those risks on behalf of myself, my heirs and assigns and to release and to hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. Further, I understand that the City of Mountain View, its City Council, employees, agents and volunteers, are not responsible for the personal property of the participants in the class or activity. It is further understood and agreed that this waiver, release and assumption of risks has been freely entered into and is to be binding on me and on my heirs and assigns. I have read and agree to the registration and program policies. By my signature below, I acknowledge that I have read this document and understand its contents.

NT/ PARTICIPANT/	LEGAL GUARDIA	AN SIGNA	ATURE X DATE _
I authorize use of my:	MASTERCARD	VISA 🛘	Credit Card #:
Name as it appears on	Credit Card		Expiration Date/_
SIGNATURE X			DATE (Not valid for Golf and Tennis)